

In the Prime of Her Life

**A Special Briefing for News Media —
An Update on Women and Cardiovascular Disease**

February 8, 2011
The Paley Center for Media
25 W. 52nd St.
New York, New York

- 7:30 a.m. Registration begins
- 8:15 a.m. Breakfast available
- 8:20 – 8:50 a.m. Meet the experts — Panelists from *What Troubles the 50+ Woman's Heart* available for interviews
- 9 a.m. Welcome
- **Pat Mitchell, president and CEO, The Paley Center**
Event co-host
 - **Kathleen Sebelius, Secretary of Health and Human Services**, to offer taped comments about women's heart health
 - **Susan Shurin, MD**
Acting director, National Heart, Lung, and Blood Institute
Event co-sponsor
 - **Sharonne Hayes, MD,**
Director, Mayo Clinic Women's Heart Clinic
Event co-host
- 9:10 – 10:30 a.m. Panel discussion: *What Ails the Young Woman's Heart?*
- This discussion explores common heart problems in younger women; how mothers' high blood pressure, preeclampsia and diabetes adversely impact more than 40,000 pregnancies annually; new options and ongoing challenges in getting the best outcomes

for both the pregnant woman with heart disease and her unborn child; and how new procedures and minimally invasive surgery are being used to treat these conditions.

Moderator: **Soledad O'Brien, CNN anchor and special correspondent**

Panelists:

Heidi Connolly, MD

Director, Mayo Clinic Congenital Heart Center
Mayo Clinic, Rochester, Minn.

Nakela Cook, MD, MPH, FACC

Medical officer, Clinical Applications and Prevention Branch
Division of Cardiovascular Diseases
National Heart, Lung, and Blood Institute
Bethesda, Md.

Elizabeth Ofili, MD, MPH, FACC

Chief of cardiology
Morehouse School of Medicine
Atlanta, Ga.

Rakesh Suri, MD, DPhil

Consultant, Division of Cardiovascular Surgery
Mayo Clinic, Rochester, Minn.

10:30 – 11 a.m. Meet the experts — Dr. Sharonne Hayes, Mayo Clinic, and speakers from *What Ails the Young Woman's Heart?* available for interviews

11 a.m. – 12:15 p.m. Panel discussion: *What Troubles the 50+ Woman's Heart?*

This panel delves into the many unique aspects of heart disease diagnosis, treatment and prevention with a special focus on those conditions that occur predominantly in older women, such as microvascular disease and “broken heart syndrome,” as well as conditions such as heart failure that are fundamentally different in women. The panelists also will explore the role of sex and gender on diagnostic testing, clinical outcomes and efficacy of invasive procedures.

Moderator: **Jon LaPook, MD, CBS medical correspondent**

Panelists:

C. Noel Bairey Merz, MD, FACC

Director, Women's Heart Center
Cedars-Sinai Medical Center
Los Angeles, Calif.

Patrice Desvigne-Nickens, MD

Program director, Heart Failure and Arrhythmias Branch

Division of Cardiovascular Diseases
National Heart, Lung, and Blood Institute
Bethesda, Md.

Alexandra Lansky, MD, FESC, FACC

Director, Yale Women's Heart Center
New Haven, Conn.

Ileana Piña, MD, MPH, FACC, FAHA, FACP

Professor of medicine, professor of epidemiology/biostatistics
Case Western Reserve University
Cleveland, Ohio

Chet Rihal, MD, MBA

Chairperson, Division of Cardiovascular Diseases
Mayo Clinic, Rochester, Minn.

12:15 –12:30 p.m. Break — Lunch served

12:30 –1:30 p.m. Panel discussion: Stories from the Heart — Survival stories from WomenHeart Champions

Introduction: **Lisa Tate, CEO**

WomenHeart: The National Coalition of Women with Heart Disease

Moderator: **Sharonne Hayes, MD**, Director, Mayo Clinic Women's Heart Clinic

Panelists:

Diane McDaniel: First diagnosed with congestive heart failure during pregnancy in 1970, she's had heart valves repaired and

replaced and has a pacemaker. A lawyer, she works in New York City counseling older adults on health insurance options.

Nadine Jenkins: She has cardiomyopathy and had a heart attack before age 34. Nadine Jenkins now benefits from an implanted defibrillator to manage her arrhythmias and protect her from sudden cardiac death. She's a doctoral student at the University of Medicine and Dentistry of New Jersey in pursuit of a PhD in health science.

Maxine Levy: She was a heart attack survivor at age 41. Now in excellent health, this bank executive credits her angioplasty, medication and most of all, her health lifestyle and commitment to regular exercise to her living well with heart disease.

Brendaa Hayes: At age 40, Brendaa Hayes collapsed on her kitchen floor and was diagnosed with several heart rhythm abnormalities. She's been treated with medications, catheter ablations and a pacemaker. Brendaa is a mother and college professor who has overcome depression and anxiety related to her illness.