



## Living with Cancer: A Mayo Clinic Symposium for Patients and their Loved Ones



**JANUARY 19 & 20, 2013**

**JW Desert Ridge Resort**  
5350 East Marriott Drive  
Phoenix, Arizona 85054

**Course Directors:**  
*Ruben A. Mesa, M.D.*  
*Joseph R. Mikhael, M.D.*  
*Donald W. Northfelt, M.D.*

## GENERAL INFORMATION

*Living with and Overcoming My Cancer: A Mayo Clinic Symposium for Patients and Their Loved Ones* is for patients and family members that have been cured or who are currently fighting cancer. An internationally renowned group of speakers have been organized to accomplish two main goals. The first goal is to provide comprehensive patient friendly information on the diagnosis and treatment of cancer with specific breakout sessions regarding:

- Leukemia
- Myeloproliferative Disease (MPD)
- Myelodysplastic Syndrome (MDS)
- Chronic Lymphocytic Leukemia (CLL)
- Lymphoma
- Amyloid
- Myeloma
- Melanoma
- Breast Cancer
- Lung Cancers
- Prostate Cancer
- Colorectal Cancer
- Head & Neck Cancer

In addition, this course will provide attendees information on many shared issues between patients and family members with cancer. This conference will address many unmet needs that patients and their loved ones have but are rarely discussed in the exam room. This information is crucial for people who are suffering from these diseases or have been cured.

- Overcoming fatigue*
- Financial and legal challenges*
- Nutrition*
- Intimacy issues*
- Relaxation Techniques*
- End of life decision making*
- Cancer Survivorship*
- Directions of Cancer Care*

The conference is also fortunate to have a variety of well respected speakers regarding survivorship, overcoming your illness, physical activity, complementary and alternative therapies, and dealing with the stress of these diseases. This broad based symposium is the first of its kind and will provide a unique opportunity to beneficial dialog between patients, their family members and a range of thought leaders across the nation.

## GENERAL INFORMATION

### INTENDED AUDIENCE

This conference is designed for current patients, survivors and their loved ones that have been affected by cancer.

### REGISTRATION

To register, complete the attached registration form and return by mail or fax no later than December 12. There is no fee to participate this symposium. Enrollment will close once registration exceeds the capacity of the reserved meeting space. A letter of confirmation will be mailed upon receipt of the completed registration form.

### SYMPOSIUM LOCATION AND DATE

*Living with and Overcoming My Cancer: A Mayo Clinic Symposium for Patients and Their Loved Ones* will be held on January 19 - 20, 2013 at the JW Desert Ridge Hotel and Resort in Phoenix, Arizona.

### HOTEL ACCOMMODATIONS

A limited number of guest rooms have been reserved at the JW Marriott Desert Ridge Hotel and Spa. Rooms are available on a first come, first served basis. Please make your hotel reservations early to ensure availability and special rates of \$209.00 plus tax per night.

To make a room reservation you may call Marriott Reservations at 1-800-228-9290 or 480-293-5000. When making your reservations, please mention the Mayo Clinic Symposium.





# FACULTY

## MAYO CLINIC ARIZONA

**Breast Clinic**  
Mary Forrett, C.N.P.

**Care Management/Chaplin**  
Patrice Al-Shatti, L.M.S.W., O.S.W-C  
Patrick Hansen  
Elizabeth Mathew, L.C.S.W

**Cardiovascular & Thoracic Surgery**  
Dawn Jaroszewski, M.D.

**Colon & Rectal Surgery**  
Tonia Young-Fadok, M.D.

**Consultative Medicine**  
Larry Bergstrom, M.D.

**Contracting & Payer Relations**  
R. Scott Gorman, M.D.

**Dermatology**  
Aleksandar Sekulic, M.D., Ph.D.

**Health Sciences Research**  
Noralane Lindor, M.D.

**Hematology/Oncology**  
Mitesh Borad, M.D.  
Alan Bryce, M.D.  
Peter Cohen, M.D.

Kelly Curtis, M.D.  
Mark Edwin, M.D.  
Veena Fauble, M.D.  
Tom Fitch, M.D.  
Rafael Fonseca, M.D.  
Thorvardur Halfdanarson, M.D.  
Thai Ho, M.D., Ph.D.  
Jose Leis, M.D.  
Ruben Mesa, M.D.  
Joseph Mikhael, M.D.  
Donald Northfelt, M.D.  
Harshita R. Paripati, M.D.  
Craig Reeder, M.D.  
Helen Ross, M.D.  
Steven Schuster, M.D.  
Lisa Sproat, M.D.  
James Slack, M.D.  
Raoul Tibes, M.D.

**Nutrition**  
Marcia Larson, R.D.

**Otolaryngology**  
Lisa Crujido, CCC-SLP

**Pharmacy**  
Jeffrey Betcher, R.Ph.

**Physical Therapy**  
Melissa Eden, D.P.T.

**Plastic Surgery**  
William Casey, M.D.

**Pulmonary Medicine**  
Laszlo Vaszar, M.D.

**Radiation Oncology**  
Jonathan Ashman, M.D., Ph.D.

**Surgical Pathology**  
Christopher Conley, M.D.

**Urology**  
Erik Castle, M.D.

## MAYO CLINIC IN FLORIDA

**Hematology/Oncology**  
Asher Chanan Kahn, M.D.

## MAYO CLINIC IN ROCHESTER

**Dan Abraham Healthy Living Center**  
Brooke Werneburg, CWC

**Hematology**  
Deborah Bowen, R.N., C.N.P.

Timothy Call, M.D.  
Morie Gertz, M.D.

**Medical Oncology**  
Ed Creagan, M.D.

## DANA-FARBER CANCER INSTITUTE

**Hematologic Oncology Treatment Center**  
David Steensma, M.D.

## PATIENT SPEAKER

Richard Rubenstein

## TRANSLATIONAL GENOMICS RESEARCH INSTITUTE

Daniel Von Hoff, M.D., F.A.C.P

# SCHEDULE

## SATURDAY, JANUARY 19, 2013

8:00 a.m. **Welcome & Cancer Overview**  
*Ruben Mesa, M.D.*

8:25 a.m. **Is My Cancer Inherited?**  
*Noralane Lindor, M.D.*

8:50 a.m. **Going Through & Overcoming Radiation Therapy**  
*Jonathan Ashman, M.D., Ph.D.*

9:15 a.m. **Future of Cancer Surgery**  
*Richard Gray, M.D.*

9:40 a.m. **The Future of Targeted Cancer Care**  
*Daniel Von Hoff, M.D.*

10:00 a.m. **Questions**  
*Panel*

10:15 a.m. **Break**

10:30 a.m. **Alternative Medicines in Cancer, 2013**  
*Larry Bergstrom, M.D.*

10:55 a.m. **What Should I Be Eating?**  
*Marcia Larson, R.D.*

11:20 a.m. **Making Sense of Chemotherapy**  
*David Steensma, M.D.*

11:45 a.m. **Questions**  
*Panel*

12:00 p.m. **Making Sense of My Prescriptions**  
*Jeffrey Betcher, R.Ph.D.*

12:20p.m. **Energize Your Life: Self Help Strategies to Fight Fatigue**  
*Patrice Al-Shatti, LMSW, OSW-C*

12:40 p.m. **Lunch**

1:30 p.m. **Disease Specific Breakout Sessions**

3:00 p.m. **Break**

3:15 p.m. **Disease Specific Breakout Sessions**

**Continue**

5:00 p.m. **Adjourn**

## SUNDAY, JANUARY 20, 2013

DISEASE SPECIFIC BREAKOUT SESSIONS		
<b>A.</b> Acute Leukemia's, Myeloproliferative Disorders, MDS (Myelodysplastic Syndrome)	Veena Fauble, M.D. Reuben Mesa, M.D. James Slack, M.D.	Lisa Sproat, M.D. Raoul Tibes, M.D.
<b>B.</b> CLL (Chronic Lymphocytic Leukemia)	Timothy Call, M.D. Jose Leis, M.D.	Deborah Bowen, NP
<b>C.</b> Myeloma/Amyloid	Asher Chanan Kahn, M.D. Rafael Fonseca, M.D.	Morie Gertz, M.D. Joseph Mikhael, M.D.
<b>D.</b> Lymphoma	Christopher Conley, M.D. Craig Reeder, M.D.	Steven Schuster, M.D. William Wong, M.D.
<b>E.</b> Breast Cancer	Patrice Al-Shatti, L.M.S.W. William Casey, M.D. Maryann Forrett, NP Michele Halyard, M.D.	Marcia Larson, R.D. Donald Northfelt, M.D. Barbara Pockaj, M.D.
<b>F.</b> Lung Cancers	Tom Fitch, M.D. Dawn Jaroszewski, M.D. Elizabeth Mathew, L.C.S.W. Harshita R. Paripati, M.D.	Helen Ross, M.D. Steven Schild, M.D. Laszlo Vaszar, M.D.
<b>G.</b> Prostate Cancer	Rafael Fonseca, M.D. Morie Gertz, M.D.	Joseph Mikhael, M.D. Keith Stewart, M.B.S., Ch.B
<b>H.</b> Melanoma	Peter Cohen, M.D. Aleksandar Sekulic, M.D., Ph.D.	Al-Shatti, Patrice F., L.M.S.W.
<b>I.</b> Head and Neck	Lisa Crujido, CCC-SLP Kelly Curtis, M.D. Melissa Eden, D.P.T.	Michael Hinni, M.D. Samir Patel, M.D.
<b>J.</b> Colorectal Cancer	Jonathan Ashman, M.D. Mitesh Borad, M.D. Thor Halfdanarson, M.D.	Katherine Hunt, C.G.C. Tonia Young-Fadok, M.D. Wound ostomy nurse

7:30 a.m. **Legal, Employment & Insurance Challenges**  
*Nancy Cummings, J.D.,  
Page Underwood, J.D. &  
R. Scott Gorman, M.D.*

8:00 a.m. **Relaxation Techniques**  
*Brooke Werneburg, C.W.C.*

8:30 a.m. **The Impact of Ethnicity on Cancer Outcomes**  
*Michele Halyard, M.D.*

9:00 a.m. **Communication**  
*Timothy Call, M.D.*

9:30 a.m. **Break**

10:00 a.m. **Cancer Survivorship**  
*Mark Edwin, M.D.*

10:30 a.m. **Spirituality and My Cancer**  
*Patrick Hansen*

11:00 a.m. **Lessons Learned Along My Cancer Journey**  
*Richard Rubenstein*

11:30 p.m. **The Arts and Healing**  
*Mayo Clinic Humanities in Medicine*

12:00 p.m. **How not to be My Patient**  
*Ed Creagan, M.D.*

12:30 p.m. **Closing/Adjourn**  
*Ruben Mesa, M.D.*

# REGISTER

## LIVING WITH CANCER: A MAYO CLINIC SYMPOSIUM FOR PATIENTS AND THEIR LOVED ONES

January 19-20, 2013 • JW Desert Ridge Resort

**Mail form to:**  
Living with Cancer Patient Symposium  
c/o Mayo Clinic Hospital, Events Department  
5777 East Mayo Boulevard  
Phoenix, AZ 85054

Phone: 480-342-3490  
E-mail: mcaevents@mayo.edu

**REGISTRATION DEADLINE: December 12, 2012**

## Contact Information

Name of Registrant - first name middle name or initial and last name			
Address - street address			
City	State or Province	Zip or Postal Code	Country
Phone			
E-Mail Address			
<b>Special Needs</b> <i>If you have special assistance needs or dietary restrictions, describe here:</i>			
Guest name (if applicable)			

## Registration

**Disease Specific Workshops** - Saturday, January 19, 2013 (Check box for your preference)

- A - Leukemias/MPDs/MDS     E - Breast Cancer     I - Head and Neck  
 B - CLL     F - Lung Cancers     J - Colorectal Cancer  
 C - Myeloma/Amyloid     G - Prostate Cancer  
 D - CLymphoma     H - Melanoma

**Once registration is received, a confirmation letter will be sent to the address provided with more details.**

**Deadline to register is December 12, 2012**