# Lymphedema Update:

Therapy for the Complex Patient Saturday, January 26, 201

DoubleTree by Hilton Hote Rochester, MN

register online

http://www.mayoclinic.org/physicalmedicine-rst/ education.html

now!

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# Lymphedema Update:

Therapy for the Complex Patient

## Saturday, January 26, 2013

Doubletree Hotel, Rochester, MN

Course Directors: Ann Lund, OTR/L, CHT, CLT Jenny Bradt, PT, CLT-LANA



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#### COURSE DESCRIPTION

This course is intended to provide information on new surgical procedures such as autologous breast reconstruction as well as surgical procedures designed to treat lymphedema. A review of vascular studies will be provided in order to assist participants to safely treat the patient with multifactorial edema. Guidance will be provided on effectively treating Klippel-Trenaunay Syndrome as well as creative compression options for truncal edema. A research update will inform participants about recent advancements in the treatment of lymphedema and related disorders.

#### COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Evaluate the results of venous and arterial studies in order to develop a safe compression program for the patient with peripheral limb edema.
- Develop a safe treatment program for pain and limited mobility in the patient recovering from breast reconstruction involving new autologous procedures.
- Explain the process of new lymph node surgical treatments used to treat lymphedema.
- Establish a safe and effective edema reduction program in a patient with the diagnosis of Klippel-Trenaunay Syndrome.
- Apply novel and effective compression devices for challenging presentations of lymphedema.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

#### INTENDED AUDIENCE

Healthcare professionals that treat lymphedema to include occupational therapists, physical therapists, occupational therapy assistants, physical therapy assistants, oncology nurses and physicians.

#### CREDIT

Mayo Clinic - Rochester Campus is an approved provider of continuing education by the American Occupational Therapy Association #5660. The assignment of AOTA CEUs does not imply



endorsement of specific course content, products or clinical procedures by AOTA. At the conclusion of this conference, participants will be awarded a certificate for up to 0.6 AOTA CEUs.

This course meets the criteria for 6.25 category I Continuing Education Units per Minnesota Physical Therapy Rules 5601.2500 & subparts 5601-2200 to 5601-2600

At the conclusion of this conference, participants will be awarded a certificate for up to 6.25 contact hours maximum based on actual contact hours. Please see your state specific requirements for O.T. licensure credits.

#### EXHIBITS

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

#### LOCATION

Course headquarters will be located in DoubleTree by Hilton Hotel, University Hall, 2nd Level, 150 South Broadway, Rochester, Minnesota, 55904.

#### REGISTRATION

To register, please visit <u>http://www.mayoclinic.org/physicalmedicine-rst/</u><u>education.html</u>. The registration fee includes tuition, a downloadable course syllabus, continental breakfast, lunch, and a designated break. Although it is not Physical Medicine and Rehabilitation Therapy Services policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

#### CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a 25% administrative fee, will be refunded when written notification is received by Physical Medicine and Rehabilitation Education Committee up to 14 days prior to the course. No refunds will be made after that date. The Physical Medicine and Rehabilitation Education Committee reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event a course must cancel or be postponed, the Mayo Clinic – Physical Medicine and Rehabilitation Education Committee vill refund the registration fee but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline / travel / lodging agencies.



#### LODGING ACCOMMODATIONS

Limited guest rooms have been reserved for attendees and their guests with a special course rate of \$119.00 plus tax per night for single or double occupancy standard rooms at the DoubleTree by Hilton Hotel. Reservations may be made by calling 507-281-8000. Lodging arrangements are the sole responsibility of the individual registrant. The guest room block is located under the name Mayo Clinic Advanced Lymphedema Management Course and will be available through January 4, 2013.

http://doubletree.hilton.com/en/dt/groups/personalized/R/RSTDTDT-LYM-20130125/index.jhtml?WT.mc\_id=POG

#### PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee.

Directions to Mayo Clinic & hotel information may be found at: <u>www.rochesterlodging.com</u>

Downtown Rochester Maps – Conference is held in the DoubleTree by Hilton Hotel

#### COURSE SPEAKERS

Jenny Bradt, PT, CLT-LANA	Department of Physical Medicine and Rehabilitation
Andrea Cheville, MD	Department of Physical Medicine and Rehabilitation
Valerie Lemaine, MD	Department of Plastic Surgery
Ann Lund, OTR/L, CHT, CLT	Department of Physical Medicine and Rehabilitation
Michael Saint-Cyr, MD	Department of Plastic Surgery

### program

7:30-8:30	Registration & Continental Breakfast
8:30-9:30	Arterial and Venous Studies and the Impact on Compression Wrapping
	To Be Determined
9:30-10:30	Updates in Breast Surgery Reconstruction <i>Valerie Lemaine, MD</i>
10:30-11:00	Refreshment Break (Provided)
11:00-12:00	Updates in Lymphatic Surgical Interventions <i>Michael Saint-Cyr, M.D.</i>
12:00 – 1:00	Lunch (Provided)
1:00 – 2:00	Research Updates Andrea Cheville, MD
2:00-3:00	Physical Medicine Management of Klippel-Trenaunay Syndrome
	Jenny Bradt, PT, CLT-LANA
3:00-3:30	Break (Snack Provided)
3:30-4:30	Update on Difficult Treatment Issues ( <i>Creative Compression Management</i> ) <i>Ann Lund, OTR/L, CHT, CLT</i>
4:30-4:45	Course Wrap-Up

## registration

Please register by January 3, 2013. We now have online registration at the below website: www.mayoclinic.org/physicalmedicine-rst/education.html

You will need to:

- 1. Find the appropriate course.
- 2. Create a profile.
- 3. Complete the registration form.

If questions please contact: Jennifer Peterson & Lesa Brusse Mayo Clinic (Mayo 14) 200 First Street SW Rochester, MN 55905 Telephone: (507) 293-1541

#### TUITION

Rochester PMR - Fees waived in accordance with defined registration allotment

Physician/Residents/Allied Health Staff - \$200.00

AOTA Members - \$180.00

Check Payable to: Mayo Clinic