

PM&R Physician Update

October 2024

Patient Care



Peripartum pelvic healthcare team provides patients with timely access to pelvic health physical therapy services

Nikki J. Ron, P.T., D.P.T., WCS-ABPTS, explains the individualized care provided in the prenatal, acute postpartum and outpatient settings and related research.

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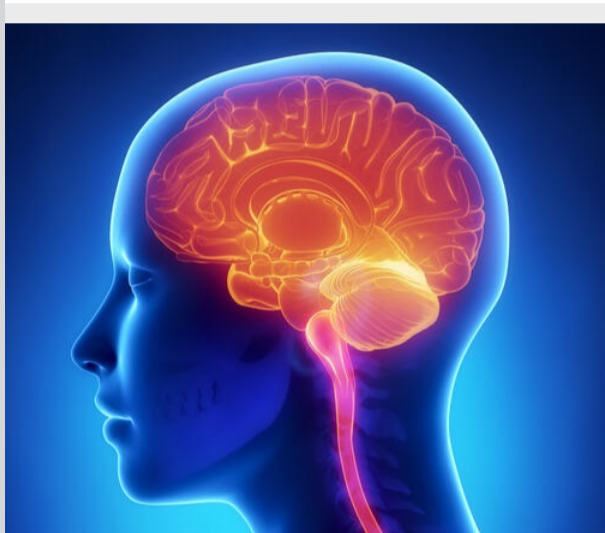
Research



Case report: Initial results using intra-articular facet bone marrow-derived mesenchymal stem cell injection to treat lumbar facet joint arthropathy

Researchers describe their initial report for the first treated patient in a multidisciplinary phase 1 clinical trial.

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Study assesses the long-term risk of mood and anxiety disorders after pediatric TBI

Traumatic brain injury before age 10 does not significantly increase the risk of anxiety or mood disorders by age 25, although females may be at increased risk.

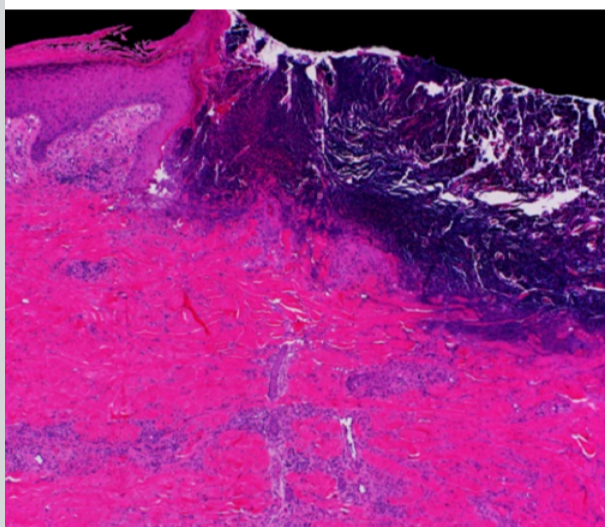
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Mayo Clinic Wound Symposium: The Edges of Wound Care 2025

Feb. 26-28, 2025
Rochester, Minn., and Livestream

This course provides the latest diagnostic and treatment strategies for comprehensive wound management with a multidisciplinary focus and faculty from various wound-related fields.

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Physical Medicine and Rehabilitation Board Review: Clinical Knowledge Review Online CME Course

Jan. 16, 2023-Jan. 15, 2026
Online course

This course includes a comprehensive review of all 16 exam topic areas to assist candidates preparing for certifying and maintenance of certification examinations in physical medicine and rehabilitation.

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Mayo Clinic Rehab in the ICU: An Interdisciplinary Approach Online Course

March 6, 2023-March 5, 2026
Online course

This course addresses how to foster rehabilitation of adult and pediatric patients in the ICU setting. Topics include rehabilitation feasibility and safety as well as psychosocial elements affecting patients and families.

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