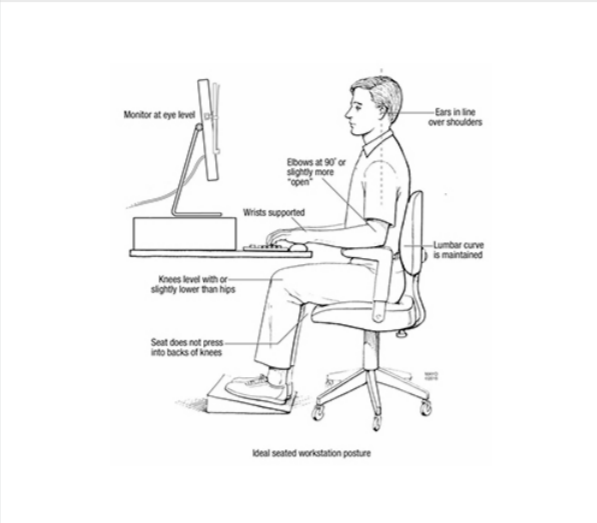


PM&R Physician Update

November 2022

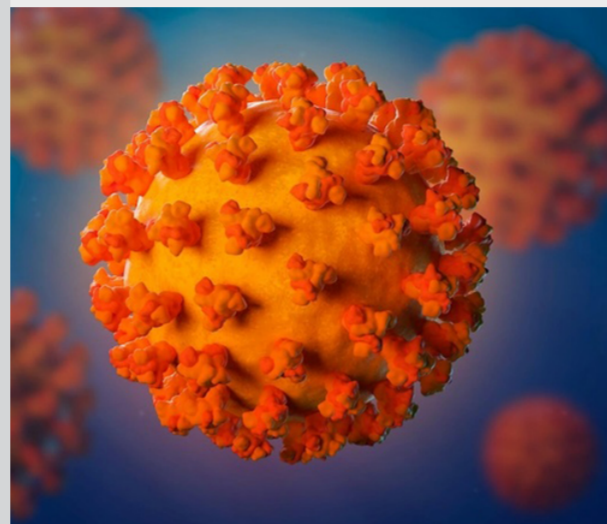
Patient Care



Multidisciplinary team provides specialized care for gaming and esports participants

Team members offer clinical services, research and education to protect and promote the physical and mental health of esports players.

[Learn more](#)



AAPM&R provides guidance on cardiovascular complications associated with long COVID-19

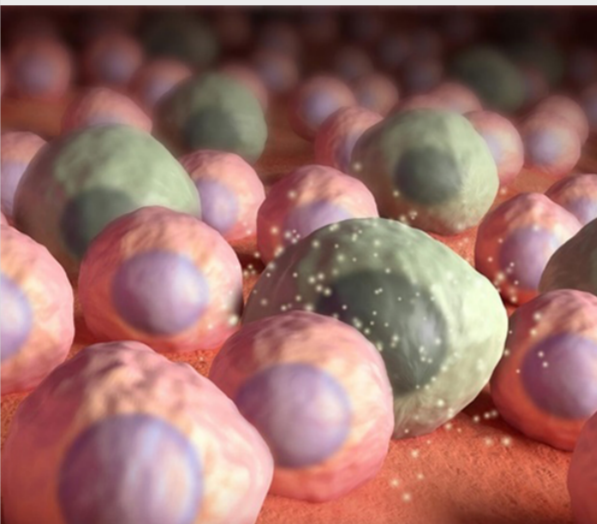
Experts from the American Academy of Physical Medicine and Rehabilitation (AAPM&R) summarize the current understanding of post-acute sequelae of SARS-CoV-2 (PASC), also called long COVID-19, and associated cardiovascular complications.

[Learn more](#)

[See more Physical Medicine and Rehabilitation news](#)

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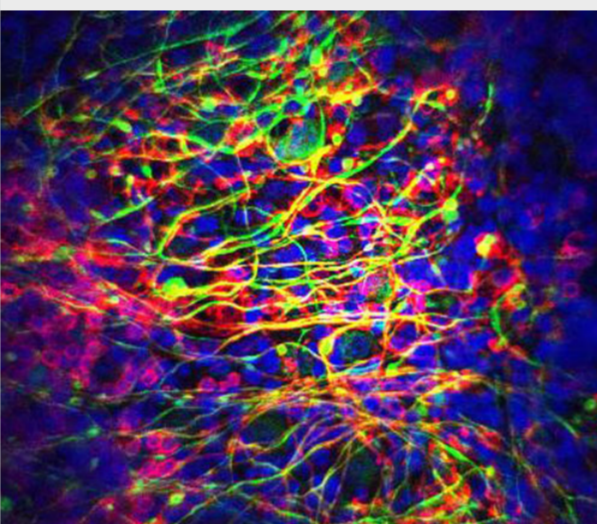
Research



Researchers explore the mechanisms of skeletal muscle aging and potential therapeutic

Mayo Clinic researchers identified markers of senescence in muscles from old mice, also observed in older humans, and found that a senotherapeutic intervention partially mitigated muscle aging in mice.

[Learn more](#)



Preclinical study evaluates the effects of a high-fat diet on the capacity for remyelination

Mayo Clinic researchers demonstrated that normalizing enzyme levels disrupted by a high-fat diet can lead to enhanced myelin regeneration.

[Learn more](#)

[See all Physical Medicine and Rehabilitation Clinical Trials at Mayo Clinic](#)

Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Physical Medicine and Rehabilitation Continuing Medical Education courses](#)

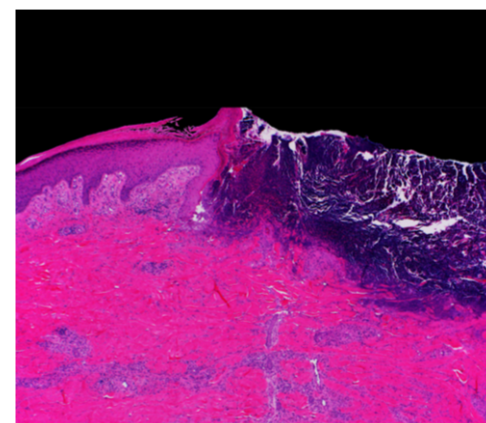


6th Annual Mayo Clinic Sports Medicine Summit: Care for the Athlete — LIVESTREAM

Jan. 19-20, 2023
Livestream

Faculty present diagnostic and treatment strategies for sports-related and musculoskeletal conditions with a focus on hip, knee, foot and ankle conditions.

[Register Now](#)



Mayo Clinic Wound Symposium: The Edges of Wound Care 2023

March 1-3, 2023
Rochester, Minn., and Livestream

This course provides the latest diagnostic and treatment strategies for comprehensive wound management, presented by a multidisciplinary faculty from various wound-related fields.

[Register Now](#)

COVID-19 Updates and Resources

[Read more](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

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