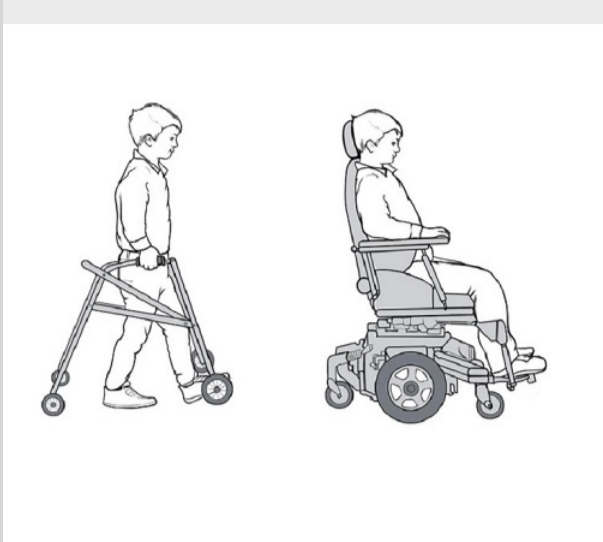


PM&R Physician Update

June 2023

Patient Care



Multiple treatments available to address spasticity in children with cerebral palsy

Joline E. Brandenburg, M.D., a Mayo Clinic pediatric physical medicine and rehabilitation specialist, answers questions about the management of spasticity in children with cerebral palsy.

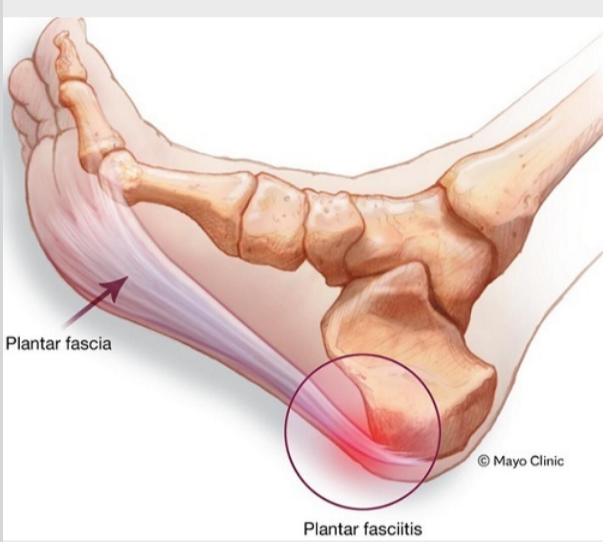
[Learn more](#)



Minimally invasive percutaneous hydrotenotomy provides good outcomes for patients with persistent tendinopathy pain

This ultrasound-guided approach employs a high-pressure saline stream to selectively debride and aspirate diseased tissue while preserving healthy surrounding tissue.

[Learn more](#)



Multiple interventions available for treatment of plantar fasciopathy symptoms

Mayo Clinic physiatrist Marianne T. Luetmer, M.D., discusses risk factors and available treatments related to this condition.

[Learn more](#)

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Research



Study explores whether head trauma is a risk factor for developing neurodegenerative disorders

Using longitudinal follow-up of 1,418 individuals with traumatic brain injury (TBI), researchers analyzed whether TBI is associated with increased risk of Alzheimer's disease and related dementias.

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Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

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Mayo Clinic Rehab in the ICU: An Interdisciplinary Approach Online Course

Available until March 5, 2026, online

This course addresses rehabilitation feasibility and safety in the intensive care unit, including a discussion of psychosocial elements and how to foster rehabilitation of both adult and pediatric patients.

[Register Now](#)



32nd Annual Mayo Clinic Symposium on Sports Medicine

Nov. 3-4, 2023
Rochester, Minn., and Livestream

Attendees learn about diagnostic and treatment strategies for sports-related and musculoskeletal conditions, including athletic injury evaluation, treatment, prevention, and return-to-play transition.

[Register Now](#)

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