

ORTHOPEDIC SURGERY

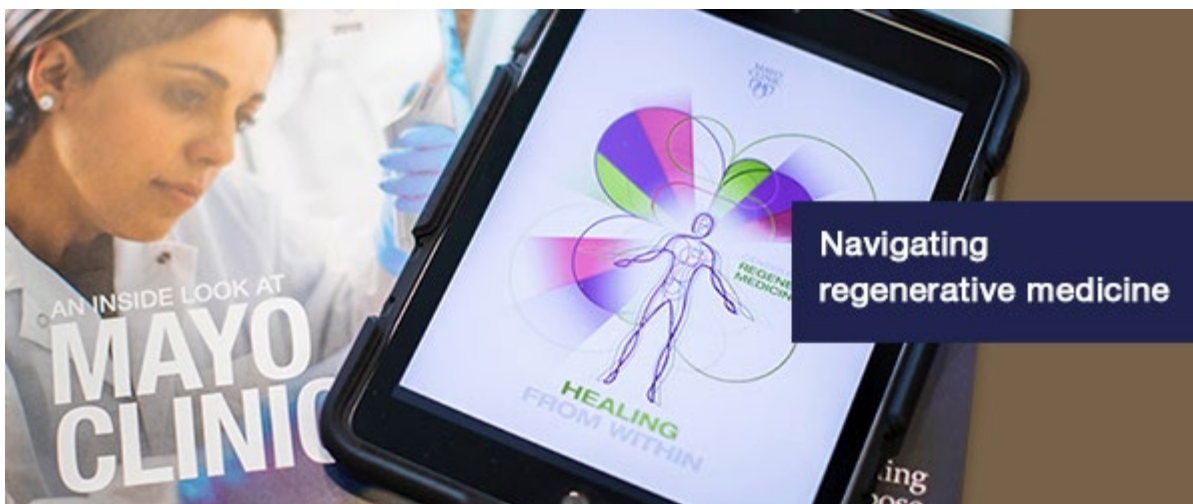
PHYSICIAN UPDATE E-EDITION



October 2020

COVID-19 Updates

Find [resources for providers](#) and answers to questions on [referrals](#) and [testing](#) on the Medical Professionals Resource Center



Patient Care

[Regenerative Medicine Consult Service provides patients with realistic information about orthobiologics](#)

For patients who aren't good candidates for orthopedic surgery and haven't responded to physical therapy or steroid or hyaluronic acid injections, orthobiologics may fill the treatment gap.

[Mayo specialists address every aspect of care for children with hand differences](#)

Early referral is key to optimal outcomes for children with congenital hand anomalies. Mayo specialists coordinate to provide their best recommendations for diagnosis, treatment and emotional support.

[Novel augmentation technique benefits select patients with primary patellar and quadriceps tendon rupture](#)

Benefits of the free four-stranded graft include the addition of autogeneic tissue, decreased risk of patellar fracture, fewer hardware complications and accelerated rehabilitation.

[Free vascularized fibula grafts well suited for patients undergoing curative tumor resection](#)

Mayo orthopedic surgeons use free vascularized fibula grafts for reconstruction after tumor resection in the spine and pelvis, with a successful union in more than 90% of patients.

[Revision surgery restores function for patients with toe arthritis](#)

A unique revision surgery for people who experience a failed first metatarsophalangeal joint replacement involves removal of the implant and reconstruction of the great toe to restore function and relieve pain.

[Incidence of infrapatellar saphenous nerve neuroma after total knee replacement underrecognized](#)

About 20% of patients who have a total knee arthroplasty are dissatisfied, often due to residual pain. The cause frequently turns out to be an infrapatellar saphenous nerve neuroma.



Research

[See all Orthopedic Surgery Clinical Trials at Mayo Clinic](#)



Education

Mayo Clinic School of Continuous Professional Development offers [online CME courses](#) and [podcasts](#) to help meet your CME needs during the COVID-19 pandemic.

Medical education from Mayo Clinic experts is also available through [GIBLIB](#), a new on-demand medical education library. GIBLIB provides a free 7-day trial and 25% discount on premium annual subscriptions including unlimited CME for Mayo Clinic learners. Simply enter code **MAYOCPD2020** to access this offer.

[4th Annual Multidisciplinary Spine Care Conference 2020 — LIVESTREAM](#)

Oct. 24, 2020

This course enhances the skills of physicians and midlevel providers in the management of patients with diverse spinal conditions. Topics include spinal disorders, technological advancements, controversial spine topics, complications and socioeconomic issues.

[See all Orthopedic Surgery Continuous Professional Development courses](#)



In the Video Center

[Function-altering surgery post-spinal cord injury](#)

Peter C. Rhee, D.O., explains some of the surgical options available to help patients regain function in their upper extremities, and discusses how to help patients plan for those procedures.

[View Orthopedic specialty and Grand Rounds presentations](#)

Consults and Referrals

[Phoenix/Scottsdale, Arizona](#)

[866-629-6362 \(toll-free\)](#)

[Jacksonville, Florida](#)

[800-634-1417 \(toll-free\)](#)

[Rochester, Minnesota](#)

[800-533-1564 \(toll-free\)](#)

[Online Referrals](#)

Resources

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