



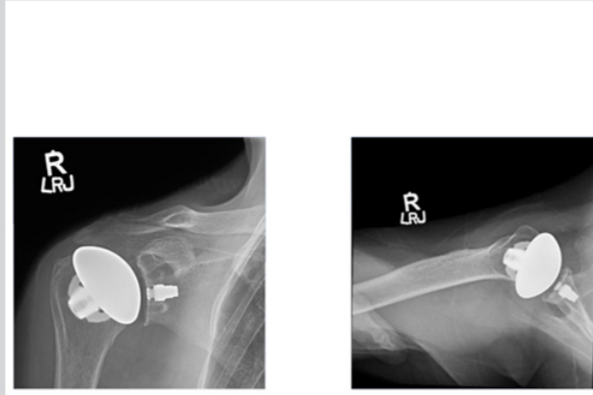
Orthopedic Surgery Physician Update

April 2023



Shoulder and upper extremity care at Mayo Clinic

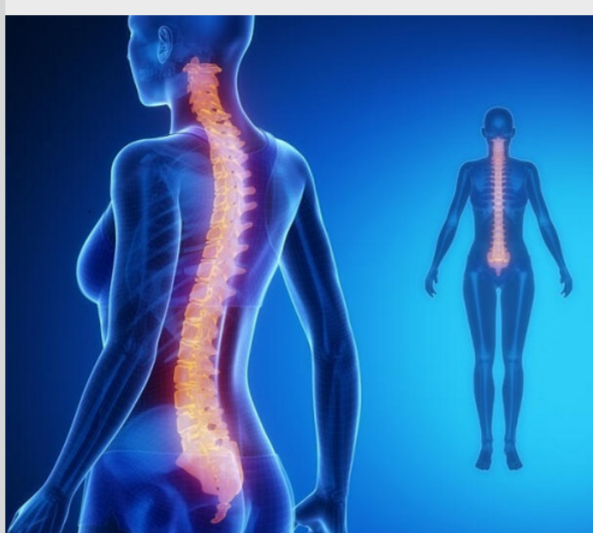
Patient Care



Stemless shoulder replacement shows promise for patients

A Mayo Clinic review study finds stemless shoulder implants have advantages for patients who need anatomic shoulder arthroplasty. Over 95% of patients to undergo this surgery qualify for the stemless implants.

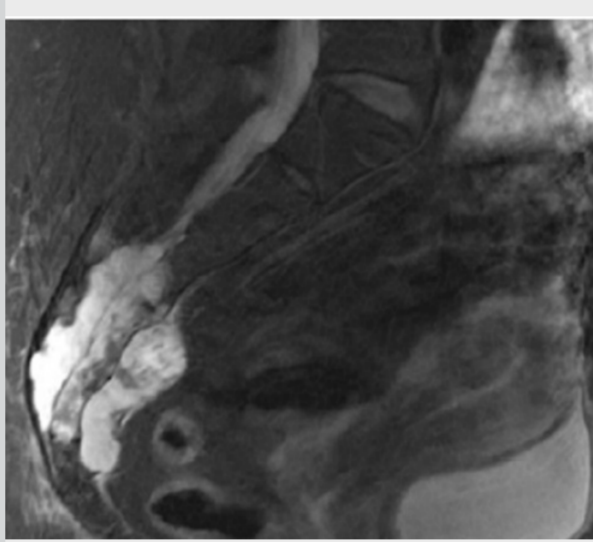
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Need for delay of ASD surgery predicts poorer outcomes

Mayo Clinic researchers found that an orthopedic surgeon's determination to delay adult spinal deformity (ASD) surgery is a predictor of poorer patient outcomes.

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Rare, aggressive sacral tumor requires complex and delicate surgery

Mayo Clinic orthopedic spine surgeons take on a challenging surgery for sacral tumors in which complete, also called en bloc, removal of the entire cancer provides the best oncologic outcome.

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Research



Mayo Clinic applies AI to orthopedics

A Mayo Clinic orthopedic surgeon and colleagues are working with artificial intelligence (AI) to solve questions in orthopedics. AI also allows for individualized treatment and follow-up.

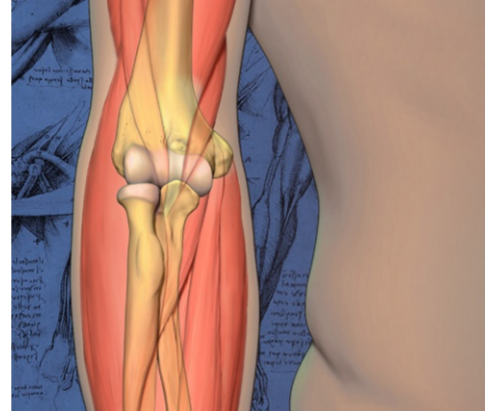
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Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

[See all Orthopedic Surgery Continuing Medical Education courses](#)



Mayo Clinic "Teach the Teachers" Elbow Course 2023 — Trauma

May 18-20, 2023
Rochester, Minn., and Livestream

This is an advanced-level course designed for orthopedic surgeons with interest in upper extremity trauma, elbow surgery and trauma surgery. The course provides technical skills orientation and live surgical broadcasts.

[Register Now](#)



32nd Annual Mayo Clinic Symposium on Sports Medicine

Nov. 3-4, 2023
Rochester, Minn. and Livestream

This symposium features evidence-based diagnostic and treatment strategies for sports-related and musculoskeletal conditions. Expert lectures provide multidisciplinary information related to athletic injury evaluation, treatment, prevention and return-to-play transition.

[Register Now](#)



Comprehensive Shoulder and Elbow: Current Concepts and Controversies 2024

Jan. 25-27, 2024
Scottsdale, Ariz., and Livestream

This course presents treatment options for shoulder and elbow arthroscopy, arthroplasty, fracture and reconstruction. Internationally recognized faculty provide insights and tips for treating shoulder and elbow disorders.

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COVID-19 Updates and Resources

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