



Obstetrics and Gynecology Physician Update

March 2025

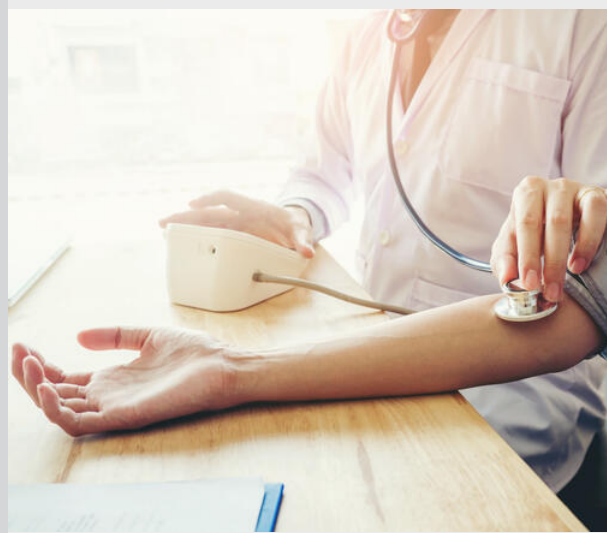
Patient Care



Q&A: Opioid-sparing pain management following pelvic reconstruction

A Mayo Clinic urogynecologist studied an opioid-sparing, multimodal protocol compared with usual care following pelvic reconstruction. In this Q&A, she explains the findings, patient and physician impacts, and exceptions for opioid prescriptions.

[Learn more](#)



Optimal care of patients with HDP

Early determination of patients with hypertensive disorders of pregnancy (HDP) is critical to be able to monitor these pregnancies and schedule delivery at the optimal time for the mother and unborn child.

[Learn more](#)

[Refer a Patient](#)

[See more Obstetrics and Gynecology news](#)

[View Obstetrics and Gynecology specialty videos and Grand Rounds presentations](#)

Research



JCO's perinatal care ratings must account for maternal health factors

A Mayo Clinic OB and team found that risk adjustment for maternal age, diabetes and hypertensive disorders is feasible and significantly affects a hospital's JCO perinatal care ratings.

[Learn more](#)

[See all Obstetrics and Gynecology Clinical Trials](#)

Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Obstetrics, Gynecology and Women's Health Continuous Medical Education courses](#)



Transforming Women's Health 2025

June 12-14, 2025
Seattle and Livestream

This course is designed to assist healthcare professionals in improving women's care based on emerging scientific and clinical evidence related to medical conditions that are unique to women, occur more frequently in women, or present differently in women.

[Register Now](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

[Online Referrals](#)

Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

[Mayo Clinic School of Continuous Professional Development](#)



[Comments?](#)

We're interested in your feedback about this newsletter.

[Pass It On](#)

Invite a friend to subscribe.

[MayoClinic.org](#) | [Newsletter Archive](#) | [Contact](#) | [Medical Professionals](#)

Imagery is copyright Mayo Clinic, Getty Images, Shutterstock, or approved for use.