



# Nicotine Dependence Center

## Intensive Tobacco Treatment Program

The program is 5 days from Monday through Friday. Services include medical assessment and daily medical follow-up, medication assessment and treatment, individual and group counseling, educational sessions to help with stress management, relapse prevention, wellness activities, tobacco related health education, and sessions to assist family members and other significant others in helping in the recovery process.

Below is a list of CPT Codes and service descriptions provided to patients in the Nicotine Dependence Center Intensive Tobacco Treatment Program. You may wish to check with your insurance for coverage. The total estimated charges (before any insurance payment) is \$5300. This is an estimate of the total cost of the program. Final charges may be more or less depending on individual circumstances. You will be expected to purchase medications needed for your treatment during the 5-day program. These can be brought with you or purchased locally. You can contact your medical insurance company to discuss reimbursement for these services and procedures.

An internal medicine provider oversees the care of all patients in the program and each person is assigned an individual counselor who is certified as a tobacco treatment specialist.

### Itemization and Description of Services/Charges

This list outlines the usual services and procedures provided during the program by providers and allied health staff of the Mayo Clinic Nicotine Dependence Center.

CPT	Quantity	Description
94799	5	Carbon Monoxide Testing
99203	1	Detailed History and Physical Exam – Nicotine Dependence
99212	4	Brief History and Exam – Nicotine Dependence
99407	4	Individual Counseling Provider is a master’s level tobacco treatment specialist. This is a one-on-one counseling session to address individual patient needs.
99412	2	Medical Lecture (MD) Provider is an internal medicine provider who specializes in tobacco dependence treatment. Topics include Neurobiology of Tobacco Dependence, Health Consequences of Tobacco Dependence, Secrets of Big Tobacco, and Environmental Tobacco.
S9453	17	Group Counseling and Educational Classes Topics include stress management, relapse prevention, wellness, chemical dependency, pulmonary health, cardiovascular health, and nutrition. Classes are provided by a certified tobacco treatment specialist, respiratory therapist, clinical nurse specialist, or dietitian.
Diagnosis code	F17.200	
Mayo Clinic tax ID	41-6011702	

**Note:** To hold a program we must have a minimum of five confirmed participants. If we do not have five confirmed participants 2 weeks prior to the start of the program, we will cancel that program. You will be notified if cancellation occurs.

# Nicotine Dependence Center (continued)

## **Physicians and Providers**

The limited exam, medical lectures, and daily rounds will be facilitated by internal medicine providers specializing in tobacco dependence treatment. All providers are available to facilitate any of the groups mentioned, and the assignment of providers varies from week to week.

Jon O. Ebbert, MD

Muhamad Y. Elrashidi, MD

David D. McFadden, MD

Ann M. Thompson, NP

## **Tobacco Treatment Specialists**

Group counseling and most of the group educational classes are facilitated by master's level counselors who are certified as tobacco treatment specialists. Additional classes are also provided by a respiratory therapist, a wellness coach, and a clinical nurse specialist who specializes in cardiac health. Names and educational level of the counseling staff are as follows:

Jennifer M. Burden, PhD

Barbara Dallavalle, MA

Sarah E. Huiskes, MSW

Heather L. Kraling-Coons, MA

Molly J. Leis, MS

Dhivyaa Manickam, MA

Timothy Milbrandt, MS

Kathleen K. Zarling, CNS