

The second

Living with a Blood Disease Symposium

A Comprehensive Workshop for Patients, their Family and Friends



May 8-9, 2010

Mayo Clinic, Rochester, Minnesota



Symposium Director:
Ruben Mesa, MD

Symposium Co-Directors:
Timothy Call, MD
Phillip Greipp, MD
Thomas Habermann, MD
Joseph Mikhael, MD
Tait Shanafelt, MD
David Steensma, MD

General Information

Symposium Overview

This symposium is for family members, friends and patients who have been cured or are currently fighting a disease of the blood. An internationally renowned group of speakers have been organized to accomplish two main goals. The first goal is to provide comprehensive, state of the art, specific breakout sessions regarding:

- Myeloma & protein disorders
- Myeloproliferative diseases (MPD)
- Myelodysplastic syndrome (MDS)
- Acute leukemia
- Anemia
- Low Platelet Diseases (ITP)
- Disease of bleeding & clotting
- PNH (Paroxysmal Nocturnal Hemoglobinuria)
- Aplastic Anemia
- Chronic lymphocytic leukemia (CLL)
- Lymphoma
- Hodgkin's disease

In addition, this symposium will provide attendees information on many shared issues between patients and family members with a blood disease, and will address many unmet needs that are rarely discussed in the exam room. This information is crucial for people who are suffering from these diseases or who have been cured.

- Overcoming fatigue
- Nutrition
- Advocacy
- Dealing with Medicare & Insurance
- Financial & legal challenges
- Alternative Medicine
- Relaxation Techniques
- Intimacy Issues

This symposium is extremely fortunate to have a variety of well respected speakers regarding survivorship, overcoming your illness, physical activity, complementary and alternative therapies, and dealing with the stress of these diseases. This broad based symposium will provide a unique opportunity for beneficial dialog between patients, their family members, and a range of thought leaders across the nation.

Disease Specific Mini Symposiums

In these sessions, each attendee will have the opportunity to focus on his/her disease of interest. The six disease specific symposia include:

- Myeloid Disease
 - Acute & Chronic Leukemias
 - Myelodysplastic Syndrome
 - Myeloproliferative Disorders
- Myeloma & Protein Disorders
 - Waldenstrom's Macroglobulinemia
 - Amyloidosis
- Chronic Lymphocytic Leukemia
- Lymphoma & Hodgkins Disease
- Anemia & Platelet Disorders
- Hemophilia & Thrombosis

These sessions will provide brief discussions from world experts regarding the most current status of both research and new therapies, as well as ample opportunity for Q & A and panel discussions. Attendees will feel that they have a new understanding of the most current treatments for their disease.

Who should attend?

This conference is designed for persons who are battling or have been cured of any of the following blood diseases: acute leukemia, chronic leukemia, myelodysplastic syndrome, myeloproliferative disorder, myeloma, lymphoma, Hodgkin's disease, and CLL or patients who have been cured in the past. Also, patients with the spectrum of disorders of anemia, platelets, blood clotting and bleeding disorders are invited and welcome. And, family members are also strongly encouraged to register and attend the sessions.

Visit the course web site at www.mayoclinic.org/blood-patient-workshop

General Information

Registration

To register online, visit www.mayoclinic.org/blood-patient-workshop. You may also complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus, continental breakfast, refreshment breaks, lunch, and welcome reception. A letter of confirmation will be sent upon receipt of payment and the completed registration form.

Please note that all participants planning to attend any portion of the meeting must register as an attendee. If you have guest(s) that will be attending the Welcome Reception only, then a fee of \$25 per guest will be charged.

Cancellations

If you need to cancel your participation in this course, your registration fee, less a \$50 administrative fee, will be refunded when written notification (fax# 507-288-0014) is received by Matrix Meetings before **April 9, 2010**. **Unfortunately, no refunds will be made after April 9, 2010.** Contact Information: Matrix Meetings, Inc., P.O. Box 7169, Rochester, MN, 55903, admin@matrixmeetings.com, 507-288-5620. Fax 507-288-0014.

Symposium Location and Date

The second *Living with a Blood Disease: A Comprehensive Workshop for Patients, Family & Friends* will be held on May 8-9, 2010 at Mayo Clinic in Rochester, Minnesota.

Hotel Accommodations

Lodging arrangements are the sole responsibility of the individual registrant.

A limited number of guest rooms with special rates have been reserved for attendees and their guests with special course rates at each of the following downtown Rochester hotels. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of **April 17, 2010**, whichever comes first. Reservations will be taken following this date based on space and rate availability. Please identify yourself as a participant of *Living with a Blood Disease* when making your reservation.

Kahler Grand Hotel

20 Second Avenue SW
800-533-1655 (phone) 507-282-2775 (fax)
\$93.00 single/double

Rochester Marriott Hotel

101 First Avenue SW
800-533-1655 (phone) 507-282-2775 (fax)
\$129.00 single/double

The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, and restaurants. Saturday's luncheon and welcome reception will be held at the Rochester Marriott Hotel.

Parking

If you are a guest of The Kahler Grand or Rochester Marriott hotels, guest parking is available at a rate of \$13.00 per day (subject to change). Free parking is provided at all meters and municipal parking ramps after 5:00 p.m. and on weekends from 6:30 a.m. until 2:30 a.m. There is a charge of \$10.00 - \$15.00 for overnight parking in the city parking ramps. Prices are subject to change.

Educational Grants

This course is partially funded by educational grants and marketing support from several companies and foundations. At the time of this printing, a complete listing of supporters is not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Faculty

Mayo Clinic Hematology/Oncology

Aneel Ashrani, MD

Deb Bowen, RN

*Timothy Call, MD**

John Camoriano, MD

Maria Collazo-Clavell, MD

Kristen Detweiler-Short, NP

Rafael Fonseca, MD

Dennis Gastineau, MD

Morie Gertz, MD

*Philip Greipp, MD**

*Thomas Habermann, MD**

C. Christopher Hook, MD

David Inwards, MD

Jose Leis, MD

Mark Litzow, MD

*Ruben Mesa, MD ***

*Joseph Mikhael, MD**

Mrinal Patnaik, MBBS

Rajiv Pruthi, MD

Craig Reeder, MD

*Tait Shanafelt, MD**

*David Steensma, MD**

Alexandra Wolanskyj, MD

Clive Zent, MD

*** Symposium Director*

** Symposium Co-Directors*

Complementary and Alternative Medicine

Brent Bauer, MD

Dan Abraham Healthy Living Center

Brooke Werneburg

Chaplaincy

Mary Feeley

Human Resources

Catherine Johnson

Legal Services

Kimberly Otte, JD

Medical Social Services

Katia Grenell, LGSW

Brent Moos, LICSW

Pharmacy

Robert Wolf, RPh, PharmD

Medical Oncology

Edward Creagan, MD

Charles Loprinzi, MD

Staff Services

Brent Neel, IV

Women's Health

Janice Swanson, PsyD, LP

Guest Faculty

Guy's and St. Thomas' Hospital London, UK

Claire Harrison, MD

Northwestern University Chicago, Illinois

Leo Gordon, MD

Seema Singhal, MD

Martin Tallman, MD

Schedule

Friday, May 7, 2010

3:00 p.m. –
6:00 p.m. Registration

Saturday, May 8, 2010

7:00 a.m. Registration and Breakfast

8:00 a.m. Welcoming Comments
Ruben Mesa, MD

8:05 a.m. **Blood Diseases**
Ruben Mesa, MD

8:25 a.m. **Anemia**
David Steensma, MD

8:45 a.m. **Transfusions**
Dennis Gastineau, MD

9:05 a.m. **Making Sense of My Drugs**
Robert Wolf, RPh, PharmD

9:25 a.m. **Challenges to Taking my Medicines**
Claire Harrison, MD

9:45 a.m. Q & A

10:00 a.m. Morning Break

10:20 a.m. **Alternative Medicine 2010**
Brent Bauer, MD

10:40 a.m. **What Should I be Eating?**
Maria Collazo-Clavell, MD

11:00 a.m. **Overcoming Treatment Side Effects**
Charles Loprinzi, MD

11:20 a.m. **Being a Survivor**
Ruben Mesa, MD

11:40 a.m. **Relaxation 1**
Brooke Werneburg

12:00 noon Q & A

12:15 p.m. – 1:15 p.m.
Lunch

Disease Specific Mini Symposiums

1:30 p.m. – 5:00 p.m.

(Each session will be held in a separate breakout room with talks on state of the art care for your disease. There will ample time for Questions & Answers).

Myeloid Disease

John Camoriano, MD
Claire Harrison, MD
Mark Litzow, MD
Ruben Mesa, MD
David Steensma, MD
Martin Tallman, MD

Myeloma & Protein Disorders

Kristen Detweiler-Short, NP
Rafael Fonseca, MD
Morie Gertz, MD
Philip Greipp, MD
Joseph Mikhael, MD
Seema Singhal, MD

Chronic Lymphocytic Leukemia

Deb Bowen, RN
Timothy Call, MD
Jose Leis, MD
Tait Shanafelt, MD
Clive Zent, MD

Lymphoma & Hodgkins Disease

Leo Gordon, MD
Thomas Habermann, MD
David Inwards, MD
Craig Reeder, MD

Anemia & Platelet Disorders

Dennis Gastineau, MD
C. Christopher Hook, MD
Mrinal Patnaik, MBBS
Alexandra Wolanskyj, MD

Hemophilia & Thrombosis

Aneel Ashrani, MD
Dennis Gastineau, MD
Rajiv Pruthi, MD

3:15 p.m. – 3:30 p.m.
Afternoon Break

5:30 p.m. - 7:00 p.m.
Welcome Reception
(cash bar)

Sunday, May 9, 2010

- | | | | |
|------------|---|------------|--|
| 7:00 a.m. | Breakfast | 10:20 a.m. | Spirituality
<i>Mary Feeley</i> |
| 7:00 a.m. | Caregiver Breakfast | 10:40 a.m. | Intimacy
<i>Janice Swanson, PsyD, LP</i> |
| 8:00 a.m. | Employment Issues
<i>Catherine Johnson</i> | 11:00 a.m. | Communication
<i>Timothy Call, MD</i> |
| 8:20 a.m. | Insurance Issues
<i>Katia Grenell, LGSW</i>
<i>Brent Moos, LICSW</i> | 11:20 a.m. | Relaxation 2
<i>Brooke Werneburg</i> |
| 8:40 a.m. | Financial Planning When Ill
<i>Bryan Neel, IV</i> | 11:40 a.m. | How Not to be My Patient
<i>Ed Creagan, MD</i> |
| 9:00 a.m. | Legal Issues 2010
<i>Kimberly Otte, JD</i> | 12:20 p.m. | Closing Remarks
<i>Ruben Mesa, MD</i> |
| 9:20 a.m. | Q & A | 12:30 p.m. | Q & A |
| 9:40 a.m. | Morning Break | 12:45 p.m. | Adjourn |
| 10:00 a.m. | Exercise & Healing
<i>Ruben Mesa, MD</i> | | |



REGISTRATION FORM

May 8-9, 2010 • Mayo Clinic in Rochester, Minnesota

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A Comprehensive Workshop for Patients, their Family and Friends

Mail form and payment to:

Living with a Blood Disease
c/o Matrix Meetings, Inc.
P.O. Box 7169
Rochester, MN 55903-7169

Phone 507-288-5620
FAX 507-288-0014
E-mail admin@matrixmeetings.com
Web site www.mayoclinic.org/blood-patient-workshop

Registration on-line at www.mayoclinic.org/blood-patient-workshop

Contact Information

Name of Registrant - <i>first name and last name</i>			
Address - <i>street address</i>		Home Phone ()	
City	State or Province	ZIP or Postal Code	Country
E-mail Address	FAX	FAX Location - <i>select one</i> <input type="checkbox"/> Work/Business <input type="checkbox"/> Home	
SPECIAL NEEDS If you have special assistance needs or dietary restrictions, describe here:			

Registration

Mini Symposiums - Saturday, May 8, 2010 • 1:30 - 5:00pm (Check one box only)			
<input type="checkbox"/> Myeloid Disease	<input type="checkbox"/> Lymphoma & Hodgkins Disease		
<input type="checkbox"/> Myeloma & Protein Disorders	<input type="checkbox"/> Anemia & Platelet Disorders		
<input type="checkbox"/> Chronic Lymphocytic Leukemia	<input type="checkbox"/> Hemophilia & Thrombosis		
Registration Fee:	<i>Before April 9</i>	<i>After April 9</i>	<i>Onsite</i>
Attendee	\$150	\$175	\$200
Guests (Welcome Reception only)	\$25 x _____	\$25 x _____	\$25 x _____
<i>Guests that plan to attend any portion of the meeting must register as an attendee.</i>	TOTAL _____	_____	_____
Welcome Reception Rochester Marriott Hotel Saturday, May 8, 5:30 - 7:00 pm Number attending Welcome Reception (including registrant) Adults: _____ Children: _____	Caregiver Breakfast Siebens Building Sunday, May 9, 7:00 - 8:00 am Number attending Caregiver Breakfast _____ (Caregiver Breakfast will be held separate from attendees breakfast)		

Welcome Reception Guest* Information

Name
Name
Name

*Guests that plan to attend any portion of the meeting must register as an attendee.
Guest registration only includes the Welcome Reception.

Payment Information

A confirmation will be sent upon receipt of your registration form and payment.

<input type="checkbox"/> Check is enclosed in the amount shown at right - make checks payable to Matrix Meetings, Inc.			Payment Total
Credit Card - <i>select one</i> <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard	Account Number	Exp Date - <i>mm/yy</i>	
Name of Cardholder - <i>as it appears on the card</i>	Signature of Cardholder - <i>required</i> X		



MAYO CLINIC

200 First Street SW
Rochester, Minnesota 55905

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Rochester, Minnesota

For More Information:

For more information about this symposium, registration, or accommodations, please contact Matrix Meetings, Inc. at 507-288-5620 or by e-mail at admin@matrixmeetings.com. You may also visit the course web site, www.mayoclinic.org/blood-patient-workshop, for up-to-date information.



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