



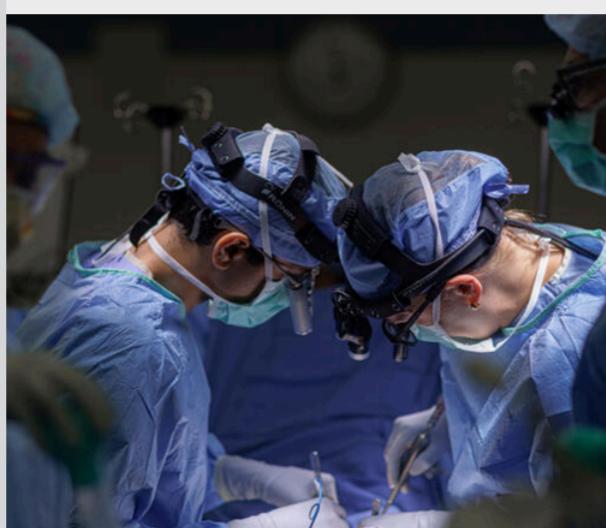
Cardiovascular Diseases & Cardiac Surgery Physician Update

March 2025



READ The future of cardiology's revolutionary advances

Patient Care



2024 Cardiovascular Surgery Annual Report

Mayo Clinic Cardiovascular Surgery shares its 2024 Annual Report. See the clinical and research advancements and outcomes of Mayo Clinic's cardiovascular surgery specialists. Mayo Clinic cardiac surgeons treat people from the U.S. and around the world who have serious, rare or complex cardiac conditions.

[Learn more](#)

[Refer a Patient](#)

[See more Cardiovascular Diseases and Cardiac Surgery news](#)

[View Cardiovascular Diseases and Cardiac Surgery specialty videos and Grand Rounds presentations](#)

Research



Virtual reality helps reduce anxiety in patients prior to cardiac surgery

Mayo Clinic cardiovascular researchers and surgeons show that a single exposure to immersive virtual reality helps reduce preoperative anxiety in patients. The findings were published in Mayo Clinic Proceedings.

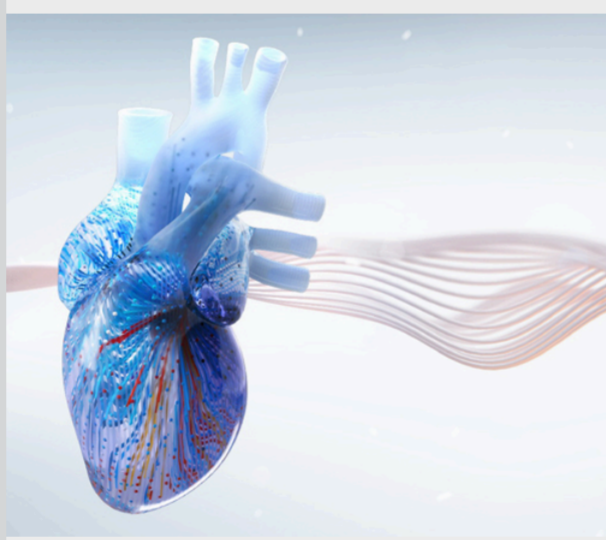
[Learn more](#)

[See all Cardiovascular Medicine and Cardiovascular Surgery Clinical Trials at Mayo Clinic](#)

Education

Cardiovascular Continuing Medical Education Offerings

Mayo Clinic is your one-stop partner for cardiovascular continuing education. Earn credit and elevate your expertise with world-class in-person, online, and complimentary educational offerings designed for busy healthcare professionals.



Mayo Clinic Echocardiography Comprehensive Review Course for Boards and Clinical Practice

May 3-7, 2025
Rochester, Minn., and Livestream

Prepare for success on the NBE certification exam and get the most comprehensive overview available with Mayo Clinic experts covering all aspects of clinical echocardiography at our annual review course.

[Register Now](#)



Cardiovascular CME Podcast



Destination + Livestream Courses



Online Cardiology Courses



Cardiovascular CME App

Consults and Referrals

Arizona, Florida and Minnesota
Online Referrals

Cardiovascular Medicine

Cardiovascular Surgery

Rochester, Minnesota
Pediatric Cardiology

Mayo Clinic Health System

Community care in Minnesota, Wisconsin and Iowa

Resources

[Life-Changing Careers](#)

[Clinical Trials](#)

[Mayo Clinic School of Continuous Professional Development](#)



Comments?

We're interested in your feedback about this newsletter.

Pass It On

Invite a friend to subscribe.

[MayoClinic.org](#) | [Newsletter Archive](#) | [Contact](#) | [Medical Professionals](#)

Imagery is copyright Mayo Clinic, Getty Images, Shutterstock, or approved for use.