

Endocrinology Physician Update

December 2023

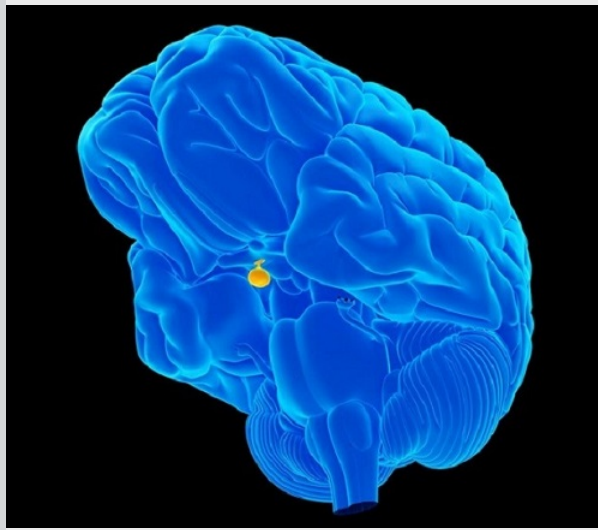
Research



Highlighting overuse of levothyroxine prescriptions

A retrospective Mayo Clinic study across three academic centers in the U.S. shows that approximately 54% of levothyroxine prescriptions are nonevidence based, calling into question the prevalence of this drug prescription.

[Learn more](#)



Reducing the risk of postoperative hyponatremia

Studies show that restricting fluid in the patient after pituitary surgery is effective in reducing hyponatremia and hospital readmissions.

[Learn more](#)

[See all Endocrinology Clinical Trials at Mayo Clinic](#)

Patient Care

[Refer a Patient](#)

[See more Endocrinology news](#)

[View Endocrinology specialty videos and Grand Rounds presentations](#)

Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Endocrinology Continuing Medical Education courses](#)



Endocrine Update 2024

Feb. 5-9, 2024
Rio Grande, Puerto Rico, and Livestream

Designed for endocrinologists and interested internists and surgeons, this course addresses gaps in medical knowledge and barriers in clinical practice to improve the outcomes of patients with endocrine and metabolic disorders.

[Register Now](#)

Consults and Referrals

Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

[Online Referrals](#)

Resources

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