

## Digestive Diseases Physician Update

November 2023

### Patient Care



**Video: GI Neoplasia Clinic provides specialized care focused on the prevention, early detection, diagnostic evaluation and integrated management of luminal gastrointestinal pre-cancers and cancers**

Mayo Clinic specialists discuss several different ways to diagnose and determine risk of gastrointestinal cancers.

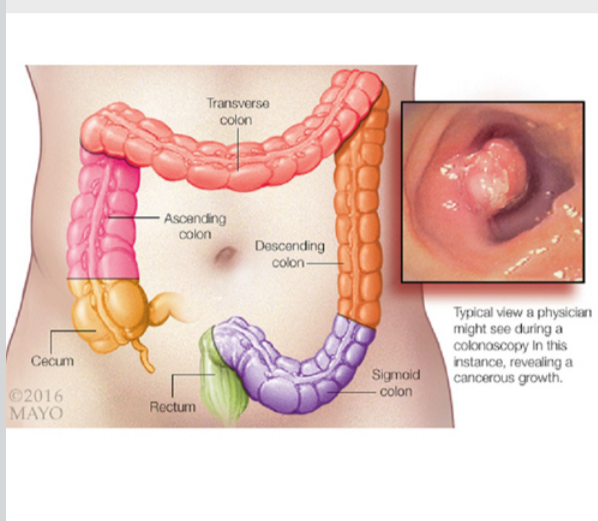
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#### Refer a Patient

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### Research



**Research suggests that colonoscopists' awareness of positive mt-sDNA tests improves neoplasia diagnosis**

Pre-procedure knowledge of a positive multitarget stool DNA test improves polyp detection rates in follow-up colonoscopies.

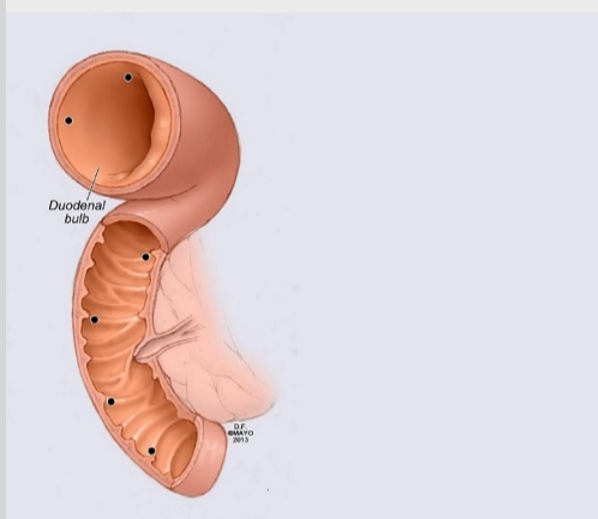
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**Study demonstrates that CBD provides symptom relief in patients with idiopathic and diabetic gastroparesis**

Mayo Clinic researchers observed that patients who received twice-daily doses of cannabidiol (CBD) had favorable outcomes in a placebo-controlled clinical trial with 44 participants.

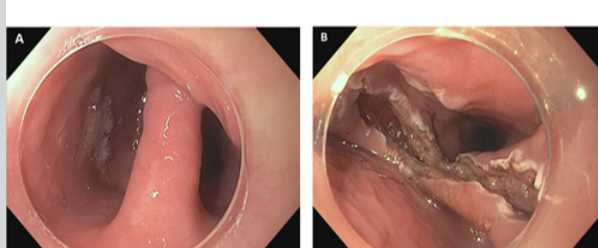
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**Separating duodenal biopsies can potentially improve the detection of celiac disease**

Separating biopsies from the duodenal bulb and the distal duodenum enhances diagnostic sensitivity, especially in patients with lower celiac serology levels and disease isolated to the duodenal bulb.

[Learn more](#)



**Retrospective study suggests that flexible endoscopic Zenker diverticulotomy is a safe and effective means of treating symptomatic Zenker diverticulum**

Mayo Clinic researchers analyzed data from 84 procedures, noting patient demographics, clinical features, procedural characteristics, adverse events and outcomes.

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### Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Gastroenterology Continuing Medical Education courses](#)



**Mayo Clinic Hepato-Pancreatico-Biliary Cancer Symposium 2023**  
Nov. 10-11, 2023  
Las Vegas and Livestream

This course provides an overview on early diagnosis and treatment, surgery, radiation, loco-regional approaches, and systemic therapies.

[Register Now](#)



**11th Annual Mayo Clinic Esophageal Diseases Course — 2023**  
Dec. 1-2, 2023  
Phoenix and Livestream

This course explores diagnosis, therapy and identification of new diseases, including high-resolution manometry and impedance monitoring, endoscopic detection and treatment of Barrett's esophagus, and insights into new diseases such as eosinophilic esophagitis.

[Register Now](#)

### Consults and Referrals

**Phoenix/Scottsdale, Arizona**  
866-629-6362

**Jacksonville, Florida**  
800-634-1417

**Rochester, Minnesota**  
800-533-1564

**Mayo Clinic Health System**  
855-392-8400

[Online Referrals](#)

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