MAYO CLINIC | Center for Digital Health

Midwest County Profile
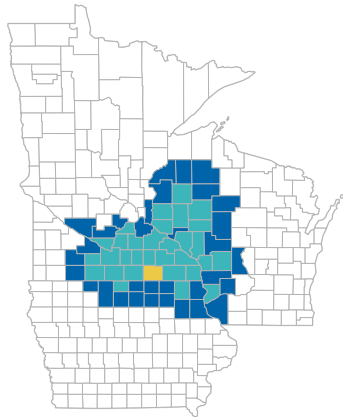Selected County: Mower County, MN

PDF

Population by County

Select a county   MN, Catchment County, Mower
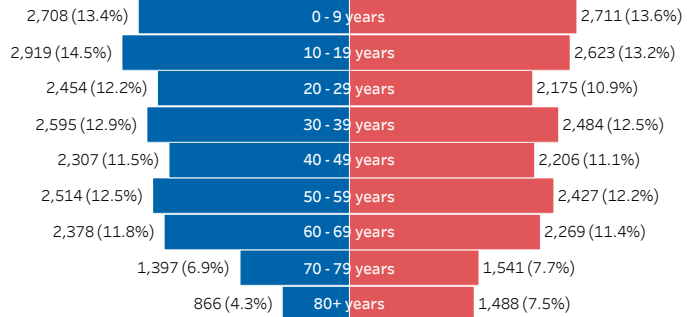
Mower County Population Total: 40,062

- Catchment County
- Catchment County (MCHS)
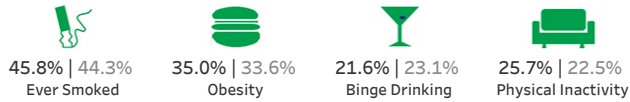- Selected County
- Non Catchment County

Cancer Incidence & County Population Pyramid

State Cancer Yearly Avg	County Cancer Yearly Avg
30,740	211 (0.7%)

County Level US Census Age & Sex Breakdown

Male	Age	Female
2,708 (13.4%)	0 - 9 years	2,711 (13.6%)
2,919 (14.5%)	10 - 19 years	2,623 (13.2%)
2,454 (12.2%)	20 - 29 years	2,175 (10.9%)
2,595 (12.9%)	30 - 39 years	2,484 (12.5%)
2,307 (11.5%)	40 - 49 years	2,206 (11.1%)
2,514 (12.5%)	50 - 59 years	2,427 (12.2%)
2,378 (11.8%)	60 - 69 years	2,269 (11.4%)
1,397 (6.9%)	70 - 79 years	1,541 (7.7%)
866 (4.3%)	80+ years	1,488 (7.5%)

Risk Factors (Mower County | Minnesota)

- 45.8% | 44.3% — Ever Smoked
- 35.0% | 33.6% — Obesity
- 21.6% | 23.1% — Binge Drinking
- 25.7% | 22.5% — Physical Inactivity

Socioeconomic Factors (Mower County | Minnesota)

- 13.0% | 11.8% — Uninsured
- 5.0% | 5.9% — Unemployed
- 88.0% | 92.5% — Completed HS

US Census Demographics Breakdown

Ethnicity

- 12.2%
- 87.8%

- Hispanic
- Non-Hispanic

Race

Population	% of Total
35,172	87.8%
2,110	5.3%
1,549	3.9%
767	1.9%
281	0.7%
183	0.5%

- American Indian or Alaska Native
- Black or African American
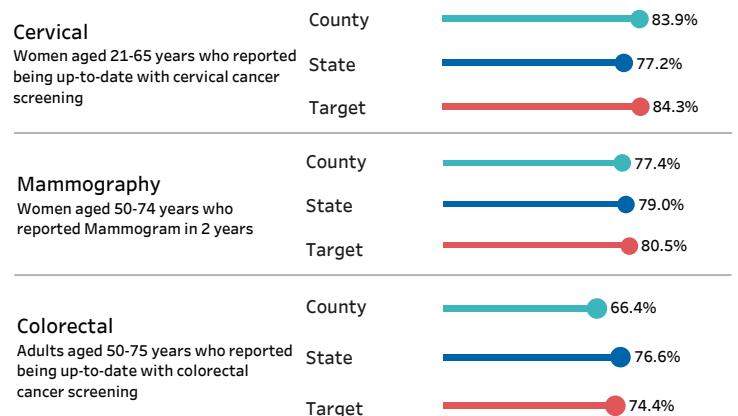- Native Hawaiian or Other Pacific Islander
- Two or More Races
- White
- Asian
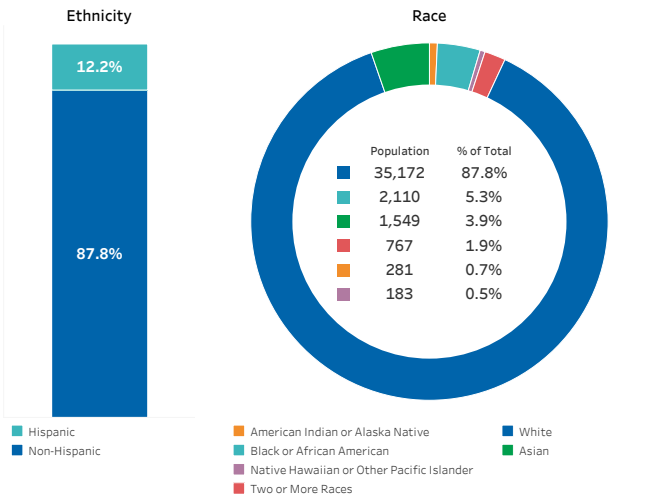
Top 5 Cancer Age-Adjusted Incidence & Mortality per 100k

Cancer Type	Cancer Incidence (5-Yr Avg)	Mortality (5-Yr Avg)

- County
- State
- United States

Cancer Metrics by Type of Cancer

Cancer Type	Cancer Incidence 5-Yr Age-Adjusted per 100k	Mortality 5-Yr Age-Adjusted per 100k
Breast	120.3	14.9
Prostate	88.3	27.2
Lung & Bronchus	58.7	39.2
Uterus	35.7	3.9
Melanoma of the Skin	29.0	2.4
Colon & Rectum	25.6	11.3
Kidney & Renal Pelvis	20.2	4.1
Non-Hodgkin Lymphoma	19.2	4.8
Bladder	16.9	3.5
Thyroid	12.3	0.8
Pancreas	10.2	8.2
Leukemia	10.2	9.1
Ovary	9.4	8.2
Liver & Bile Duct	8.0	8.1
Brain & ONS	4.9	3.4
Cervix	4.6	3.9
Stomach	3.4	4.3
Esophagus	2.9	2.2
Oral Cavity & Pharynx	1.3	2.7
Uncategorized	0.0	0.0

Cancer Screening (Age-Adjusted Prevalence) *

Cervical
Women aged 21-65 years who reported being up-to-date with cervical cancer screening
- County 83.9%
- State 77.2%
- Target 84.3%

Mammography
Women aged 50-74 years who reported Mammogram in 2 years
- County 77.4%
- State 79.0%
- Target 80.5%

Colorectal
Adults aged 50-75 years who reported being up-to-date with colorectal cancer screening
- County 66.4%
- State 76.6%
- Target 74.4%

Data Sources: Incidence and Mortality from State Cancer Profiles (for FL, AZ, WI, IA. MN data from MN Dept. of Health), Risk Factors & Screening from CDC, SES from County Health Ranking, US Population data from census.gov
Cancer Incidence is a yearly average based on a 5-yr period from (2015-2019), Mortality is a yearly average based on a 5-yr period from (2016-2020)
*Target information from Healthy People 2030 Preventive Cancer Care Objectives