



30th Annual

Minnesota Geriatric Care Conference



INCLUDES CALL FOR POSTER ABSTRACTS

Wednesday, April 3, 2013

**Mayo Civic Center
Rochester, Minnesota**

*Mayo Continuing Nursing Education
Division of Preventive and Occupational Medicine*

General Information

Conference description and goals

2013 is the thirtieth year for the popular *Minnesota Geriatric Care Conference*. The need for education and innovation related to caring for the elderly has grown consistently over the past thirty years, along with the population themselves. As the timeline for care is shortened, the importance of accurate, understandable communication among multiple caregivers, families, and their elderly relatives has become highlighted. The elderly are learning to self-manage their chronic conditions, as well as more acute illnesses. A variety of topics will be addressed at this conference to assist participants to be knowledgeable and flexible in the care and education of patients and their families.

The goals of the conference are to:

- Discuss the importance of good communication among caregivers and patients.
- Describe common symptoms and treatment options for osteoarthritis.
- Address innovations in care for the elderly who have chronic and/or acute illnesses.

Guest faculty

Reverend Nicklas A. Mezacapa
Calvary Episcopal Church
Rochester, Minnesota

Date and location

The conference will be held **Wednesday, April 3, 2013**, in Mayo Civic Center, 30 Civic Center Drive SE, Rochester, Minnesota.

Intended audience

This conference is designed for healthcare professionals who care for geriatric patients in acute, long term, assisted living, and home care settings including registered nurses, licensed practical nurses, social workers, nursing home administrators, and nurse practitioners.

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants can earn up to 6.75 nursing contact hours (accredited) for the conference.

The Minnesota Board of Examiners for Nursing Home Administrators has approved 6.75 hours of continuing education.

Mayo Clinic Section of Social Work has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This conference fulfills requirements for 6.75 continuing education hours.

General Information

Poster session call for abstracts

You are invited to submit an abstract (300 word limit) for a poster on innovations and projects related to care of the elderly. **Completed abstracts must be submitted by Wednesday, February 6, 2013.**

The primary presenter is responsible for the abstract content. Submission signifies the intent of the submitter(s) to present the poster at the April 3, 2013, *30th Annual Minnesota Geriatric Care Conference* in Rochester, Minnesota. Conference participants are expected to assume costs related to travel, accommodations, and registration.

To submit an abstract, you must register for the conference at <http://calendar.cne-registration.com>. Attach the abstract and all presenters' curriculum vitae. Completed abstracts must be submitted by Wednesday, February 6, 2013.

Notification of accepted abstract and commitment for presentation at the conference will be made by **Wednesday, February 20, 2013**. If selected, abstracts will be printed in the conference syllabus.

Register before Wednesday, March 13, 2013

The conference registration fee of \$140 includes instructional materials, breakfast, lunch, and break refreshments. A student rate of \$85 is available. *Please bring proof of current student status to the conference (for example, a copy of your student identification card).* Pre-registration is required and preferred by **Wednesday, March 13, 2013**. Registrations received after March 13th will be accepted on a space-available basis.

Visit <http://calendar.cne-registration.com> to register.

Out of respect for conference participants, children are restricted from the conference.

Cancellations

If you cancel your participation in this conference, your registration fee, less an administrative fee, will be refunded when notification is received by Mayo Continuing Nursing Education before March 13, 2013 (fax#: 507-266-6910 or e-mail: cne@mayo.edu). **No refunds will be made on or after March 13, 2013.**

Mayo Continuing Nursing Education reserves the right to cancel or postpone any conference due to unforeseen circumstances. In the unlikely event Mayo Continuing Nursing Education must cancel or postpone this conference, Mayo Continuing Nursing Education will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Lodging and parking

Rooms have been reserved for conference participants and their guests at the **Hilton Garden Inn** (507-285-1234) at a rate of \$119 per night to be reserved by **March 12, 2013** and the **Best Western Soldiers Field** (800-366-2067) at a rate of \$81 per night to be reserved by **March 26, 2013**. Reservation requests received after these dates will be accepted on a space available basis. The rates listed may be extended before and after the conference based on availability.

Visit www.mayoclinic.org/travel-rst/maps.html for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

Program Schedule

Wednesday, April 3, 2013

- 7:00 a.m. **Registration, Breakfast, Exhibits, and Posters**
- 7:45 a.m. **Welcome and Announcements**
- 8:00 a.m. **Importance of Communication Skills: Are You Listening to Me, Doc?**
Darryl S. Chutka, MD, Mayo Clinic, Rochester, Minnesota
Anthony C. Berman, EdD, Hamline University, St. Paul, Minnesota
- 8:45 a.m. **Heart Failure Management: Practical Pearls**
Jean A. Wagner, MS, RN, CNP, Mayo Clinic, Rochester, Minnesota
- 9:45 a.m. **Break, Exhibits, and Posters**
- 10:15 a.m. **The ABC's of Anticoagulation**
Teresa (Terri) R. Ransone, PA-C, MPAS, MT(ASCP)SH,
Mayo Clinic, Rochester, Minnesota
- 10:45 a.m. **Exercises for Brain Wellness**
Carol D. Kuhle, DO, Mayo Clinic, Rochester, Minnesota
- 11:30 a.m. **The Agony of De-Feet**
Gordon G. Weller, DPM, Mayo Clinic, Rochester, Minnesota
- 12:15 p.m. **Lunch, Exhibits, and Posters**
- 1:00 p.m. **Joint Replacement in the Older Patient: Surgical and Medical Perspectives**
Ericka E. Tung, MD, Mayo Clinic, Rochester, Minnesota
Tad M. Mabry, MD, Mayo Clinic, Rochester, Minnesota
- 1:45 p.m. **Eating Disorders of the Elderly: Anorexia of Aging**
Ying-Ying (Christina) Chen, MD, Mayo Clinic, Rochester, Minnesota
- 2:30 p.m. **Break, Exhibits, and Posters**
- 3:00 p.m. **Sleep Apnea in the Elderly: Practical Tips to Enhance Compliance and Success with PAP Therapy**
Wendy R. Moore, BSN, RN, Mayo Clinic, Rochester, Minnesota
- 3:45 p.m. **Older Used to be Younger**
Reverend Nicklas A. Mezacapa, Calvary Episcopal Church,
Rochester, Minnesota
- 4:30 p.m. **Summary**

General Information

About the providers

Mayo Clinic's mission is to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education, and research.

Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.



Mayo Clinic in Rochester, Minnesota, has been granted **Magnet® Recognition for Nursing Excellence** by the American Nurses Credentialing Center.

The **Division of Preventive and Occupational Medicine** at Mayo Clinic is dedicated to advancing geriatric care education.

Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at <http://calendar.cne-registration.com/>.

Conference planning committee

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David Schmitter, MA, RN

Cara Tracy, BSN, RN

Other 2013 Mayo Continuing Nursing Education Conferences

- **Tuesday, April 23, 2013**
Cardiac and Vascular Nursing Review Course
- **Wednesday, April 24, 2013**
20th Annual Heart Disease and Stroke Conference
- **Friday, June 21, 2013**
20th Annual Brain Injury Conference
- **Tuesday & Wednesday, June 25 & 26, 2013**
Medical Surgical Nursing Review Course
- **Wednesday, July 31, 2013**
2013 Psychiatric Nursing Conference
- **Monday & Tuesday, September 9 & 10, 2013**
Oncology Nursing Review Course
- **Wednesday, September 11, 2013**
2013 Current Issues in Cancer Care Conference
- **Tuesday, October 8, 2013**
2013 LPN Clinical Practice Review
- **Thursday & Friday, October 17 & 18, 2013**
Advanced Practice Nursing Conference

MAYO CLINIC

Mayo Continuing Nursing Education
Marian Hall 7
200 First Street SW
Rochester, Minnesota 55905

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<http://calendar.cne-registration.com>



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