

Cognitive Rehab 101:

The Multiple Facets of Cognitive Rehabilitation

Saturday, October 6, 2012

Geffen Auditorium, Gonda Building
Rochester, Minnesota

Course Director:

Gina L. Christensen, OTR/L
Jessica Petersen, OTR/L

www.mayoclinic.org/physicalmedicine-rst/education.html

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200 First Street SW
Rochester, MN 55905



register online now!



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COURSE DESCRIPTION

This course is designed to equip the clinician with the necessary tools to provide effective, client-centered cognitive rehabilitation. This includes recognition of the factors that may impact an individual's functional gains, such as, personality, emotions, communication and social involvement.

COURSE LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

- Identify the psychological and emotional factors that may impact cognitive rehabilitation.
- Design and implement cognitive rehabilitation treatment approaches that encompass the emotional factors associated with acquired brain injury
- Establish an appropriate plan of care for persons with acquired brain injury using evidence-based practice when appropriate

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE

This course was designed for healthcare professionals involved in the outpatient practice of rehabilitation with interest in acquired brain injury and cognitive rehabilitation. Occupational Therapists, Occupational Therapist Assistants, Speech Language Pathologists and other community providers are invited to attend.

CREDIT



Mayo Clinic - Rochester Campus is an approved provider of continuing education by the American Occupational Therapy Association #5660. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. At the conclusion of this conference, participants will be awarded a certificate for up to 0.65 AOTA CEUs.



See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

The Mayo Clinic is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology.

This course is offered for 0.6 ASHA CEUs (Intermediate level, Professional area).

REGISTRATION

To register, please visit <http://www.mayoclinic.org/physicalmedicine-rst/education.html>. The registration fee includes tuition, a downloadable course syllabus, continental breakfast, lunch, and a designated break. Although it is not Physical Medicine and Rehabilitation Therapy Services policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a 25% administrative fee, will be refunded when written notification is received by Physical Medicine and Rehabilitation Education Committee up to 14 days prior to the course. No refunds will be made after that date. The Physical Medicine and Rehabilitation Education Committee reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event a course must cancel or be postponed, the Mayo Clinic – Physical Medicine and Rehabilitation Education Committee will refund the registration fee but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline / travel / lodging agencies.

LODGING ACCOMMODATIONS

Limited guest rooms have been reserved for attendees and their guests with a special course rate of \$109.00 plus tax per night for single or double occupancy standard rooms at the Hilton Garden Inn Rochester. Reservations may be made by calling 507-285-1234. Lodging arrangements are the sole responsibility of the individual registrant. The guest room block is located under the name Mayo Clinic Cognitive Course and will be available through September 14, 2012.

PARKING

Free parking is available in the Damon Parking Ramp, which is located on 3rd Avenue SW. Metered parking is available on the street.

Directions to Mayo Clinic & hotel information may be found at:

www.rochesterlodging.com

Downtown Rochester Maps – Conference is held in the Gonda Building.

FACULTY

Thomas F. Bergquist, Ph.D., L.P., ABPP, is an Assistant Professor of Psychology in the Mayo College of Medicine and Program Director of the Mayo Brain Injury Outpatient program. He is board certified in Clinical Neuropsychology. He has given numerous regional, national, and international presentations in the areas of brain injury rehabilitation and disability, and has authored several publications in rehabilitation and medical journals. He is co-investigator on the NIDDR funded Mayo TBI Model System.

Gina Mitchell, MA, CCC-SLP, has been a Speech Language Pathologist with the Department of Neurology for 17 years. She graduated from the University of Wisconsin, Eau Claire, with a Bachelor's degree in 1989 and received her Master of Arts from the University of Northern Iowa in 1991. She has worked extensively with both inpatients and outpatients in the areas including traumatic brain injuries and neurogenic-related communication disorders.

Jessica Petersen, OTR/L, is an Occupational Therapist at Saint Mary's Hospital in Rochester, Minnesota. She has been a clinician for 8 years and specializes in cognitive rehabilitation in the Brain Rehabilitation Program. In addition, she works in Pain Rehabilitation Center and acute care. She has presented on cognitive rehabilitation at the state and international levels.

Rebecca Pittelko, MS, CCC-SLP, is a Speech Language Pathologist at Mayo Clinic in Rochester, Minnesota. She joined the Department of Neurology in 2003. Rebecca received her Bachelor of Science from Minnesota State University-Mankato. She received her Master of Science in Communicative Disorders from the University of Wisconsin-Madison.

Stephanie Ritter, OTR/L, is an Occupational Therapist who works at Saint Mary's Hospital in Rochester, Minnesota. She has been a staff therapist for 11 years and has specialized in outpatient cognitive rehabilitation for the last 7 years. When not working in the Brain Rehabilitation Program, she works in the acute care practice and the Pain Rehabilitation Center. She has presented at the state and international levels.

Guest Panel – Physical Medicine and Rehabilitation Therapy Services is pleased to have four survivors of brain injury present to share their perspective on living successfully after brain injury.

program

Saturday, October 6, 2012

7:30 – 8:00	Registration (<i>Continental Breakfast Provided</i>)
8:00 – 9:00	Evidence-Based Cognitive Rehabilitation Thomas Bergquist, PhD, LP, ABPP
9:00 – 10:00	One Patient's Journey through the Brain Injury Recovery Continuum Gina Mitchell, MA, CCC-SLP, Rebecca Pittelko, MS, CCC-SLP & Tyler Distad, Survivor
10:00 – 10:15	Break (<i>On Your Own</i>)
10:15 – 12:00	Where do I Start? The Basics of Cognitive Rehabilitation Jessica Petersen, OTR/L & Stephanie Ritter, OTR/L
12:00 – 1:00	Lunch (<i>Provided</i>)
1:00 – 1:45	The Importance of Integrating Cognitive Rehabilitation & Emotional Coping Interventions Thomas Bergquist, PhD, LP, ABPP
1:45 – 2:30	Beyond the Basics: A Holistic Approach Jessica Petersen, OTR/L & Stephanie Ritter, OTR/L
2:30 - 2:45	Break (<i>Snack Provided</i>)
2:45 – 4:00	Survivors' Perspectives Guest Panel Facilitated by Gina Mitchell, M.A, CCC/SLP

registration

Please register by September 21, 2012.

We now have online registration at the below website:
www.mayoclinic.org/physicalmedicine-rst/education.html

You will need to:

1. Find the appropriate course.
2. Create a profile.
3. Complete the registration form.

If questions please contact:

Therapy Services Education
Mayo Clinic (Mayo 14)
200 First Street SW
Rochester, MN 55905
Telephone: (507) 293-1541

TUITION

Physician/Residents/Allied Health Staff - \$199.00

AOTA Members - \$179.10

