

Cardiovascular Nursing at Mayo Clinic in Florida

This 28-bed unit, which has four coronary care unit (CCU) beds, serves cardiovascular, cardiothoracic surgery, vascular surgery and heart transplant patients.

All patient rooms are private and divided into three zones: patient, family and caregiver. There is a computer in each room for the caregiver's use. Alcoves for charting are located between every two consecutive patient rooms.

Rooms have a large flat-screen television with media on demand, including extensive patient education materials and entertainment opportunities. Every room has a wide window to view the Florida sunshine and an enclosed bathroom with a shower.

Details

- Shared decision-making model with Departmental Nursing Council and unit-based representation. Other departmental committees include Nursing Practice, Quality and Education.
- Assignments are made using an acuity-based system.
- Staff includes a team of **RNs, patient care technicians, unit secretary/monitor technicians** and a **unit administrative assistant**.
- A **shift team leader** is responsible for staffing shift to shift, managing patient flow and beds, rounding with physicians, and being a resource to nursing staff.
- A dedicated **unit-based educator** focuses on staff's clinical educational needs.
- A **case manager** focuses on patients' discharge planning, referrals and coordination of transfers to other facilities.
- A unit-based **pharmacist** reviews every patient's medication administration record and coordinates orders with the central pharmacy.
- CCU rooms have EPIC II beds, which have fluoroscopic feature or capability. CCU rooms also are capable of ICU-level monitoring (e.g., pulmonary artery [PA] catheters).
- Cardiovascular medical diagnoses can include:
 - Acute coronary syndrome
 - Arrhythmias
 - Atrial fibrillation
 - Congestive heart failure
 - Coronary artery disease
 - Valvular disease
- Surgical diagnoses can include:
 - Femoral popliteal bypass
 - Post-heart transplant

- Post-open heart surgery after ICU
- Thoracotomy

Shift options

- 12-hour day or night shifts with every third weekend
- Flexible alternative shift options
- Full time, part time, supplemental or PRN

Requirements

- Florida R.N. license required upon date of hire
- Cardiology experience preferred
- Hospital nursing experience preferred
- ACLS and BLS required