



Capture the Moment

# CANCER EDUCATION SYMPOSIUM

A Complimentary  
Patient, Caregiver, and  
General Education Forum

**SATURDAY**  
**MARCH 12, 2016**  
**7 AM – 6 PM**

The Ritz Carlton  
Orlando Grande Lakes  
4012 Central Florida Pkwy  
Orlando, FL 32837

**Course Directors:**

Winston Tan, M.D.  
Asher A. Chanan-Khan, M.D.  
Joshua L. Mattson  
Michael R. Vizzini

**REGISTER NOW AT**  
**[MCAEVENTS@MAYO.EDU](mailto:MCAEVENTS@MAYO.EDU)**

# GENERAL INFORMATION

Mayo Clinic Cancer Center presents *Capture the Moment Cancer Education Symposium* in partnership with community oncologists, cancer support groups, patients and caregivers to achieve three main goals.

- > To equip and empower patients with educational tools to better cope with the diagnosis and treatment of cancer
- > Provide patient-friendly resources and information on living a healthy lifestyle that can potentially modify the risk for cancer
- > Educate the public on cancer research and its impact on patient survival

Many issues will be discussed that are crucial for people who are in active treatment, recovering or have been cured. Topics include:

- > Financial and Legal Challenges
- > Precision Medicine
- > Nutrition
- > Cancer Survivorship
- > Clinical Trials
- > Spirituality
- > Exercise

The symposium is unique in that it encompasses a large group general session, as well as disease specific breakouts and small group sessions that will address many unmet needs that patients and their loved ones have but are rarely discussed in the exam room. *Capture the Moment Cancer Education Symposium*, is fortunate to have a variety of well-respected speakers who will address a variety of topics to empower both patients and caregivers to make a difference in the understanding of their cancer treatment, as well as provide a venue for dialogue between patients, their family members and physician leaders from across the nation.

# GENERAL INFORMATION

## INTENDED AUDIENCE

This conference is designed for cancer patients, survivors, caregivers and family members who are interested in learning about cancer and the role you play in survivorship and education.

## REGISTRATION

To register please complete the attached registration form and return by mail or fax. There is no fee to participate. Enrollment will close once registration exceeds the capacity of the meeting space. A letter of confirmation will be mailed upon completion of the registration process.

## SYMPOSIUM LOCATION AND DATE

*Capture the Moment Cancer Education Symposium* will be held on March 12, 2016 at The Ritz-Carlton Orlando, Grande Lakes, 4012 Central Florida Parkway, Orlando, Florida 32837.

## HOTEL ACCOMMODATIONS

If you need hotel accommodations, there are two hotels located conveniently near The Ritz-Carlton Orlando, Grande Lakes. Please call the hotel directly for reservations.

### **Courtyard Orlando South**

(1.3 miles to The Ritz-Carlton Orlando, Grande Lakes)

4120 W Taft Vineyard Road

Orlando, FL 32837

(407) 351-2661

### **SpringHill Suites Orlando at Seaworld**

(2.6 miles to The Ritz-Carlton Orlando, Grande Lakes)

10801 International Drive

Orlando, FL 32821

(407) 354-1176

# FACULTY

## MAYO CLINIC IN ARIZONA

### Hematology/Oncology

Ruben A. Mesa, M.D.  
Deputy Director, Mayo Clinic Cancer Center

### Women's Health Center/Internal Medicine

Denise M. Millstine, M.D.

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## MAYO CLINIC IN FLORIDA

### Administration

Gianrico Farrugia, M.D.  
CEO, Mayo Clinic Florida

### Cancer Biology

John A. Copland, III, Ph.D.

### Contracting & Payor Relations

Josiah D. Pritchard  
Timothy M. Davlantes, M.D.

### Endocrinology

Robert C. Smallridge, M.D.  
Deputy Director, Mayo Clinic Cancer Center

### Hematology/Oncology

Sikander Ailawadhi, M.D.  
Asher A. Chanan-Khan, M.D.  
Richard W. Joseph, M.D.  
Jessica M. Mcmillan, D.N.P., A.R.N.P.  
Kabir Mody, M.D.  
Alvaro Moreno Aspitia, M.D.  
Vivek Roy, M.D.  
Winston Tan, M.D.

### Laboratory Medicine & Pathology

Qihui (Jim) Zhai, M.D.

### Nutrition Services

Lori Solem, RDN, LD/N

### Patient Advocate

Cynthia Weiss

### Pharmacy

Nancy E. Vendrell, Pharm.D., R.Ph.  
Jessica A. Peterson, Pharm.D., R.Ph.

### Physical Medicine & Rehabilitation

Thomas D. Rizzo, M.D.

### Psychiatry

Shehzad K. Niazi, M.D.

### Radiation Oncology

Katherine S. Tzou, M.D.

### Surgery

Sarah A. McLaughlin, M.D.

### Urology

David D. Thiel, M.D.

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## MAYO CLINIC IN ROCHESTER

### Cancer Center

Robert B. Diasio, M.D.  
Director, Mayo Clinic  
Cancer Center

### Hematology

Timothy G. Call, M.D.

### Medical Oncology

Kathryn J. Ruddy, M.D.  
Edward T. Creagan, M.D.

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## FIRST BAPTIST CHURCH, JACKSONVILLE

Reverend Irving Huffingham

## FLORIDA CANCER SPECIALISTS & RESEARCH INSTITUTE, ORLANDO

David C. Molthrop, M.D.

## FLORIDA CANCER SPECIALISTS & RESEARCH INSTITUTE, ORMOND BEACH

Kathleen B. Doughney, M.D.

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## HALIFAX HEALTH CENTER, DAYTONA

Ruby A. Deveres, M.D.

## MID-FLORIDA CANCER CENTERS, ORANGE CITY

Gregory L. Ortega, M.D.

## SPACE COAST CANCER CENTER, TITUSVILLE

Richard M. Levine, M.D.

# SCHEDULE

## SATURDAY, MARCH 12, 2016

- 7:00 a.m.     **Registration & Continental Breakfast**
- 8:00 a.m.     **Introduction: Why?**  
Winston Tan, M.D.
- 8:20 a.m.     **How Precision Medicine Works: What's For Me?**  
Gianrico Farrugia, M.D.
- 8:40 a.m.     **Nutrition: What I Need to Know After Cancer**  
Lori H. Solem, RDN, LD/N
- 9:00 a.m.     **Mayo Clinic Florida: What Are We Doing and What Can We Do for You?**  
Asher A. Chanan-Khan, M.D.
- 9:20 a.m.     **Moving Forward – Cancer Survivorship**  
Kathryn J. Ruddy, M.D.
- 9:40 a.m.     **Cancer and Integrative Medicine**  
Denise M. Millstine, M.D.
- 10:00 a.m.    **Question and Answers**
- 10:15 a.m.    **Break**
- 10:30 a.m.    **Communication In a Rapidly Changing Environment**  
Timothy G. Call, M.D.
- 10:50 a.m.    **Mayo Comprehensive Cancer Center: What We Share and How We Care**  
Robert B. Diasio, M.D.
- 11:10 a.m.    **Hematological Cancers: Cures & Hopes**  
Ruben A. Mesa, M.D.
- 11:30 a.m.    **Financial Hurdles & Insurance Challenges**  
Timothy M. Davlantes, M.D. & Josiah D. Pritchard
- 11:50 a.m.    **How Not To Be My Patient: Lessons from the Bedside**  
Edward T. Creagan, M.D.
- 12:10 p.m.    **Question & Answer**
- 12:30 P.m.    **Lunch & Exhibits**
- 1:30 p.m.     **Break Out Sessions**
- 3:15 p.m.     **Support Group Sessions**

# BREAKOUT SESSIONS

## SATELLITE SESSIONS (1:30 - 3:10 P.M.)

Each guest will be able to attend three 30-minute sessions regarding different issues they may encounter during their cancer journey.

1:30 – 2:00 p.m. **Chemotherapy, Targeted Treatments and the Future** – Kabir Mody, M.D.

**Taking Care of the Caregiver** – Winston Tan, M.D.

**Making Exercise Count** – Thomas D. Rizzo, Jr., M.D.

**Cancer 101: Diagnosis & Basics** – Sikander Ailawadhi, M.D.

2:05 – 2:35 p.m. **Research in the Laboratory:  
New Treatments & Patient Individualized Medicine**

John A. Copland, III, Ph.D.

**Understand and Managing Chemotherapy Side Effects** –  
Nancy E. Vendrell, Pharm.D., R.Ph. and Jessica Peterson, Pharm.D., R.Ph.

**Spiritual & Social Needs of the Cancer Patient** – Rev. Irving Huffingham

**What Are You Looking at On My Reports – Pathology** – Qihui (Jim) Zhai, M.D.

2:40 -3:10 p.m. **Blood and Marrow Transplant (BMT)** – Vivek Roy, M.D.

**Patient Stories from a Mayo Clinic Patient** – Cynthia Weiss

**Psychosocial Issues in Cancer Patients** – Shehzad K. Niazi, M.D.

**Treatment: Surgical and Radiation** – Sarah A. McLaughlin, M.D.,  
Katherine S. Tzou, M.D. and David D. Thiel, M.D.

## SUPPORT GROUPS (3:15 - 5:00 P.M.)

Each guest will be able to attend one support group session for a specific type of cancer.

**A Breast Cancer** – Alvaro Moreno Aspitia, M.D., David C. Molthrop, M.D.

**B Melanoma/General Oncology** – Richard W. Joseph, M.D.,  
Ruby A. Deveras, M.D.

**C Multiple Myeloma** – Vivek Roy, M.D., Sikander Ailawadhi, M.D.  
Asher A. Chanan-Khan, M.D.

**D Myelodysplasia/Leukemia/Lymphoma** – Ruben A. Mesa, M.D.,  
Gregory L. Ortega, M.D.

**E GI & Pancreatic Cancer** – Kabir Mody, M.D., Richard M. Levine, M.D.

**F Prostate/Renal Cancer** – Winston Tan, M.D., Kathleen B. Doughney, M.D.,  
Jessica Mcmillan, D.N.P., A.R.N.P.

**G Thyroid Cancer** – Robert C. Smallridge, M.D.

# REGISTER

## CAPTURE THE MOMENT CANCER EDUCATION SYMPOSIUM

MARCH 12, 2016 | THE RITZ-CARLTON GRANDE LAKES, ORLANDO, FLORIDA

Mail form to:

Capture the Moment Patient Symposium  
c/o Mayo Clinic Hospital, Events Department  
5777 East Mayo Boulevard  
Phoenix, AZ 85054

Phone: 480-342-3490  
E-mail: mcaevents@mayo.edu  
Fax: 480-342-3523

## REGISTRATION DEADLINE: FRIDAY, FEBRUARY 12

Registration may close before the deadline if capacity is met

## CONTACT INFORMATION

.....  
Name (first and last name)

.....  
Street Address

.....  
City

.....  
State or Province

.....  
Zip or Postal Code

.....  
Country

.....  
Email Address

.....  
Phone

.....  
**SPECIAL NEEDS** If you have special assistance needs or dietary restrictions, describe here:

.....  
Guest Name

## BREAKOUT SESSION REGISTRATION

Please select one session to attend

### 1:30-2:00 p.m.

- Chemotherapy, Targeted Treatments and the Future
- Taking Care of the Caregiver
- Making Exercise Count
- Cancer 101: Diagnosis & Basics

### 2:05 – 2:35 p.m.

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- D. Myelodysplasia (MDP)/Leukemia/Lymphoma
- E. GI & Pancreatic Cancer
- F. Prostate/Renal Cancer
- G. Thyroid Cancer

**Mayo Clinic**  
4500 San Pablo Road  
Jacksonville, FL 32224

**MAYO CLINIC | Cancer Center** | [cancercenter.mayo.edu](http://cancercenter.mayo.edu)  
4500 San Pablo Road | 200 First Street SW | 13400 East Shea Boulevard  
Jacksonville, FL 32224 | Rochester, MN 55905 | Scottsdale, AZ 85259

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